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ABSTRACT

This annotated bibliography describes materials from the National Center for Education in Maternal and Child Health (NCEMCH) reference collection. The 125 items focus on children and sexuality education. Most materials about preventing AIDS/HIV, adolescent pregnancy prevention, and school health education in general, however, are omitted because these topics are addressed in separate bibliographies. Contact information and sources for obtaining the items are included. (ND)

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ED 413 322

# Sexuality Education
## Selected Materials from the NCEMCH Reference Collection
## April 1997

*This list provides a general overview of materials focusing on sexuality education. It omits most materials about preventing AIDS/HIV, adolescent pregnancy prevention and school health education in general, because these topics are addressed in separate bibliographies. Items may be obtained from the sources cited. Contact information was current at the time the item was added to the NCEMCH reference collection.*

***Articulation strands for health education.*** No place: No publisher, n.d. ca. 50 pp.
*Contact:* Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802 / Fax (703) 524-9335 / Email info@ncemch.org. Available for loan.

This manual specifies content standards for health education and lists performance standards for each. It includes guidelines for family life and human sexuality, environmental health, substance use and abuse, disease prevention and control, personal health development, nutrition, and personal safety. The section on human sexuality includes physiology, physical changes during adolescence, interpersonal relations, health risks, the reproductive cycle, consequences of sexual activity, and abstinence. The performance standards for each topic are keyed with the abbreviations: K, 1 to 5, MS, and HS; presumably for kindergarten, grades 1 to 5, middle school, and high school. The higher grade levels have more performance standards for each topic represented.

***Reality check: Five students make sexual choices.*** n.d. 1 videotape (VHS, 1/2 inch).
*Contact:* Chris Krause, Postponing Sexual Involvement (PSI) Coordinator, Adolescent Medicine, Children's Hospital Medical Center, c/o Hughes Center, 2515 Clifton Avenue, Cincinnati, OH 45219. Telephone: (5513) 559-3014 / Fax (551) 569-8674. Price unknown.

This video was produced by high school students who are peer leaders in the Postponing Sexual Involvement program (an abstinence-based program for preteens and for junior high school students developed by the Emory/Grady Teen Services Program at Grady Memorial Hospital, Atlanta, GA) at the High School for the Communications Professions in Cincinnati, Ohio. These students and others act out vignettes portraying situations in which decisions about sexual behavior are made, such as dealing with an unintended pregnancy, informing partners about sexually transmitted infections, and having sex when you don't want to. Although the actual vignettes are not as realistic as they might be, the messages clearly describe the consequences of adolescent sexual risk taking. A brief session of a Postponing Sexual Involvement class is depicted.

Adams, Y. ***Comprehensive sexuality education: A SIECUS resource guide of recommended curricula and textbooks.*** New York, NY: Sex Information and Education Council of the United States, 1992. 4 pp.
*Contact:* Sex Information and Education Council of the United States, 130 West 42nd Street, Suite 2500, New York, NY 10036-7901. Telephone: (212) 819-9770 / Fax (212) 819-9776. $2.75; make check payable to SIECUS.

This resource guide lists curricula and textbooks on sexuality education for grades K–12. The resources listed cover such topics as pregnancy prevention, family life education, sexually transmitted diseases, and relationships. Of special interest is one curriculum developed in Spanish for Latino students. Resources appearing in this guide were published between 1985 and 1993.

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Adolescent Pregnancy Prevention Coalition of North Carolina. ***Let's talk month: A manual for organizing a community campaign to help parents talk to their children about sex.*** Charlotte, NC: Adolescent Pregnancy Prevention Coalition of North Carolina, 1993. 101 pp.
*Contact:* Adolescent Pregnancy Prevention Coalition of North Carolina, 1300 Baxter Street, Suite 171, Charlotte, NC 28204. Telephone: (704) 335-1313. $35.00 plus 15 percent for shipping and handling.

This manual provides materials that individuals, community organizations, and institutions can use to develop local campaigns based on the Let's Talk Month program started in North Carolina in 1986. The program encourages a working relationship between the community and families and communication between parents and children about sexuality. The manual includes tips for observing Let's Talk Month, lists possible programs and activities, suggests topics for seminars, and provides a time line. It also includes resources, and examples of activities held in various counties and cities between 1989 and 1992.

Adolescent Pregnancy Prevention Coalition of North Carolina. ***Parents speak: A survey of North Carolina PTA presidents to determine their attitudes and beliefs about family life education in the public schools. (2nd ed.).*** Charlotte, NC: Adolescent Pregnancy Prevention Coalition of North Carolina, 1995. 12 pp.
*Contact:* Adolescent Pregnancy Prevention Coalition of North Carolina, 1300 Baxter Street, Suite 171, Charlotte, NC 28204. Telephone: (704) 335-1313 / Fax (704) 335-8209. $5.00, 1-5 copies; $4.00, 6-25 copies; $3.00, 26 copies or more; plus 15 per cent for shipping and handling.

This report presents the results of a survey taken of the presidents of parent teacher associations (PTA) in North Carolina to determine their opinions regarding the inclusion of family life education curricula in the schools. The survey sought information on the content, when the course information should be introduced, acceptable sexual behavior, school health services, and acceptable resolutions to adolescent pregnancies. The report includes a description of the methodology and survey tool and an analysis of the demographic profile of the survey group; it then presents and discusses the results of the survey. A previous edition of this report was published in 1993.

Advocates for Youth. ***Congressional briefing on adolescent sexual health.*** Washington, DC: Advocates for Youth, 1996. 9 pp.
*Contact:* Advocates for Youth, 1025 Vermont Avenue, N.W., Suite 200, Washington, DC 20005. Telephone: (202) 347-5700 / Fax (202) 347-2263. Price unknown.

This congressional brief contains fact sheets that indicate trends in adolescent sexuality. Each fact sheet includes an overview of the topic, indicates trends for various aspects of it, and provides citations to source materials. The topics include: adolescent childbearing and educational and economic attainment, adolescents and HIV/AIDS and other sexually transmitted diseases; parent child communication as it relates to promoting healthy youth; sexuality education curricula and programs; sexual attitudes and behavior of adolescent males; adolescents at risk or who are underserved since they are gay, lesbian, or bisexual; media effects on adolescent sexuality, and school-based and school-linked health centers.

Advocates for Youth. ***Life planning education: A youth development program. (3rd ed.).*** Washington, DC: Advocates for Youth, 1995. 541 pp.
*Contact:* Advocates for Youth, 1025 Vermont Avenue, N.W., Suite 200, Washington, DC 20005. Telephone: (202) 347-5700 / Fax (202) 347-2263. $44.95 plus 20 percent shipping and handling.

This teaching guide helps educators prepare adolescents in grades 7–12 to make decisions about topics that will affect their lives. It covers the skills and information adolescents need to make transitions from school to adulthood. The guide uses exercises and activities that rely on the experiences of the participants to reinforce the lesson. Chapters cover these topics: self perception and self image; personal, family, and community values; communication; relationships; sexuality; community participation; goal setting; decision making; gender roles; parenting; responding to violence; health care; reducing sexual risks, and employment. The guide includes an evaluation form and lists sources of videos. An earlier edition of this title was released in 1989 by the Center for

Population Options, which was the publisher's name at that time.

Advocates for Youth. ***Talking with TV: A guide to starting dialogue with youth.*** Washington, DC: Advocates for Youth, 1993.
*Contact:* Advocates for Youth, 1025 Vermont Avenue, N.W., Suite 210, Washington, DC 20005. Telephone: (202) 347-5700 / Fax (202) 347-2263. $5.00 plus 20 percent shipping and handling.

This booklet was designed as a resource for parents, health care providers, and others to use TV messages for teaching children and adolescents about sexuality. It lists programs from the fall season that the Center for Population Options believes would be good discussion starters. The focus is on preadolescents, aged 9 to 12, but the material can also be used with both younger and older children and adolescents. It is published annually.

Alan Guttmacher Institute. ***Sex and America's teenagers.*** New York, NY: Alan Guttmacher Institute, 1994. 88 pp.
*Contact:* Alan Guttmacher Institute, 120 Wall Street, New York, NY 10005.

This report seeks to provide understanding of the developmental and social challenges that face adolescents, especially in the area of sexuality, the ways they meet those challenges, and the impact on those who are not successful in doing so. It provides an overview of the world in which adolescents are growing up; examines trends in adolescent sexual activity and adolescents' efforts to protect themselves and their partners from the negative consequences of sex; and describes the incidence and outcomes of sexually transmitted diseases and adolescent pregnancy. It also looks at the effects of programmatic and policy interventions that have tried to influence adolescent sexual behavior and ameliorate its negative effects, and discusses how adults individually and society in general can more effectively help young people become healthy, responsible, and competent adults.

Alan Guttmacher Institute. ***Teenage sexual and reproductive behavior.*** New York, NY: Alan Guttmacher Institute, 1993. 2 pp. (Facts in brief)
*Contact:* Alan Guttmacher Institute, 111 Fifth Avenue, New York, NY 10003 Telephone: (212) 248-1111 / (800) 825-0061 / Fax (212) 614-9203. Single copies available at no charge; additional copies 40 cents each.

This fact sheet summarizes adolescent sexual and reproductive behavior in the United States. The document particularly examines sex education, contraceptive use, incidence of adolescent pregnancy, adolescent abortion rates, as well as consequences of early childbearing. The data cited were obtained from research conducted by the Alan Guttmacher Institute and from reports from the Centers for Disease Control and Prevention, the National Center for Health Statistics, and the National Academy of Sciences.

American College of Obstetricians and Gynecologists, Committee on Adolescent Health Care. ***Adolescent sexuality: Guides for professional involvement (2nd edition).*** Washington, DC: American College of Obstetricians and Gynecologists, 1993. 2 v.
*Contact:* ACOG Distribution Center, P.O. Box 4500, Kearneysville, WV 25430-4500. Telephone: (800) 762-2264. $150.00 plus $10.00 shipping and handling, prepayment required. AA106, NMCHC inv. code C054.

This two-volume manual is intended to encourage and assist physicians, nurses, and other health care providers to become active in presenting information about adolescent sexuality and pregnancy to parents and other community groups. The manual is organized into 12 self-contained modules and provides basic information on topics including growth and development, sex/family life education, contraceptive options, adolescent pregnancy prevention strategies, adolescent pregnancy, sexually transmitted diseases, and dating violence. Each module contains an outline for presentation, slides, background readings and bibliography, and sample handouts and pamphlets.

American Enterprise Institute for Public Policy Research. ***Sex education and condom distribution programs in the schools.*** Washington, DC: American Enterprise Institute for Public Policy Research, 1994. 53 pp. (Sexuality and American social policy seminars)

*Contact:* American Enterprise Institute for Public Policy Research, 1150 Seventeenth Street, N.W., Washington, DC 20036. Telephone: (202) 862-5800. Price unknown.

This information package consists of materials distributed at a seminar held at the American Enterprise Institute for Public Policy Research in Washington, DC, on January 24, 1994. The package contains a seminar schedule, a press release, biographical statements about the participants, newspaper and magazine articles, and a copy of the principal paper presented at the seminar. This paper, written by D. Kirby, is entitled: School-based Programs to Reduce Sexual Risk-taking Behaviors: Sexuality and HIV/AIDS Education, Health Clinics and Condom Availability Programs. This paper evaluates current school based sex education and pregnancy prevention programs and suggests two recommendations for future policies.

American Social Health Association. ***Finding the words: How to communicate about sexual health.*** Research Triangle Park, NC: American Social Health Association, 1994. 28 pp.
*Contact:* American Social Health Association, P.O. Box 13927, Durham, NC 27709. Telephone: (919) 361-8400 / Fax (919) 361-8425. $7.50 includes shipping and handling; prepayment required.

This publication includes a literature review of current research on communicating about sex and the proceedings of an April 1994 conference on that topic. It provides an executive summary; includes a detailed analysis of current research on the role of communication in promoting sexual health and preventing the transmission of sexual diseases; contains bibliographical references to the source documents; and includes highlights from the conference and lists its participants.

American School Health Association, Journal of School Health. ***Family life and human sexuality topical package.*** Kent, OH: Journal of School Health, American School Health Association, [1992?]. ca. 140 pp. (Journal of School Health Topical Packages)
*Contact:* American School Health Association, P.O. Box 708, Kent, OH 44240. Telephone: (216) 678-1601. $15.50 nonmember price, $13.95 member price, plus $3.00 shipping and handling.

This American School Health Association topical package on family life and human sexuality contains reprints from the *Journal of School Health* (1984-1992) pertaining to the subject. The topics addressed in the selected articles include: sexual abuse, pregnant adolescents, school-based services for pregnant and parenting adolescents, family planning, AIDS prevention, special education adolescents, human sexuality education programs, courtship violence, involving nurses in public school sex education, pregnancy prevention, menarche in the severely disabled adolescent, and family life education.

Andress, S., and Strommen, M. P. ***Change takes time.*** Minneapolis, MN: Search Institute.
*Contact:* Search Institute, 700 South Third Street, Suite 210, Minneapolis, MN 55415. Telephone: (612) 376-8955 / (800) 888-7828 / Fax (612) 376-8956. $6.00 plus $2.50 for orders $9.99 and less, $3.50 for orders $10.00 to $29.99, $4.50 for order $30.00 to $49.99.

This 30-day preview kit provides a sample of the Human Sexuality: Values & Choices course designed for 7th and 8th grade adolescents and their parents. The course was developed to address adolescent issues such as physical and emotional changes of puberty, sexual attraction, dating, decision-making, pregnancy and birth, and sexual responsibility. The preview kit contains a curriculum description outlining the adolescent and parent lesson plans and learning activities; field test results; student's thought book, curriculum companion; a copy of Source, a quarterly information resource newsletter, an order form; and a 18-minute VHS videotape presentation. The three piece, Human Sexuality: Values and Choices program consists of a 120-minute videotape, a teacher's lesson plan manual, and parent's guide to facilitate parent-adolescent communication about sexuality (also available in Spanish).

Barth, R. P. ***Reducing the risk: Building skills to prevent pregnancy, STD and HIV.*** Santa Cruz, CA: ETR Associates/Network Publications, 1993. 2 v.
*Contact:* ETR Associates/Network Publications, P.O. Box 1830, 95061-1830. Telephone: (800) 321-4407 Fax (408) 438-4284. Curriculum $34.95, Student workbook $3.95 (25 or more, $3.50 each).

This curriculum and workbook were developed to influence adolescent sexual behaviors, by building decision-making and interpersonal skills. The curriculum is designed to be integrated into comprehensive family life or health education programs. It emphasizes that high school students should avoid unprotected sex through abstinence or consistent and effective use of contraception. There are 17 interactive class sessions outlined with detailed steps for leading each activity, student worksheets and handouts, role play scripts, teacher references, and homework assignments.

Bernards, N. (Ed.). ***Teenage sexuality: Opposing viewpoints.*** St. Paul, MN: Greenhaven Press, 1988. 215 pp.
*Contact:* Greenhaven Press, P.O. Box 289009, San Diego, CA 92198. Telephone: (800) 231-5163. $13.95 (shipping and handling included). Title to be revised January, 1994.

This book presents opposing views on issues of adolescent sexual activity and is appropriate for older adolescents, parents, and professionals. In the book, the authors debate the following topics: adolescents' attitudes toward sex, sex education, school-based clinics, adolescent pregnancy prevention, and adolescent sexual decision making. It was developed to help readers evaluate sources of information, separate fact from opinion, identify stereotypes, and recognize ethnocentrism. It includes diverse materials taken from magazines, journals, books, and newspapers, as well as statements and position papers from a wide range of individuals, organizations, and governments. Opposing views are placed back to back to create a running debate, and each view is preceded by a short quotation that best expresses the author's main points.

Bosch, K. S. ***What should we tell the children?: A curriculum guide for parents.*** Northampton, MA: Family Planning Council of Western Massachusetts, 1982. 64 pp.
*Contact:* Family Planning Council of Western Massachusetts, 16 Center Street, Northampton, MA 01060. Telephone: (413) 586-2016. $10.00 plus 15 percent shipping and handling.

This curriculum was developed to provide a model for supporting parents in their role as sexuality educators for their children. Topics include communication skills, myths, and facts about sexuality, and decision making skills. Supporting homework and handouts are provided for use within the family setting. A bibliography of books is provided for teachers, parents, adolescents, and young children.

Boston Women's Health Book Collective. ***The new our bodies, ourselves: A book by and for women.*** New York, NY: Simon and Schuster (a Touchstone Book), 1992. 751 pp.
*Contact:* Simon and Schuster, Simon and Schuster Building, Rockefeller Center, 1230 Avenue of the Americas, New York, NY 10020. $20.00.

This updated edition on women's health covers the following topics: taking care of ourselves; relationships and sexuality; controlling our fertility; childbearing; women growing older; some common and uncommon health and medical problems; and women and the medical system.

Brick, P., Charlton, C., Kunins, H., and Brown, S. ***Teaching safer sex.*** Hackensack, NJ: Planned Parenthood of Greater Northern New Jersey, 1989. 92 pp.

*Contact:* Planned Parenthood of Greater Northern New Jersey, 575 Main Street, Hackensack, NJ 07601. Telephone: (201) 489-1265. $19.95 plus $3.00 for shipping and handling; make check payable to Planned Parenthood of Greater Northern New Jersey.

This teaching guide provides lessons for teaching safer sex. The lessons are designed to highlight active participation by students. The objectives are to teach adolescents the possible consequences of sexual intimacy, and how to reduce the risks involved. The authors stress that this guide is not a curriculum, rather it is a supplement to curriculum. There are twenty lessons each with objectives, items teachers will need for the lesson, and step-by-step instructions on conducting the lesson. Topics covered are: mixed messages about sex that adolescents receive from society; examinations of attitudes and values; outercourse versus intercourse; sexually transmitted diseases (STDs); AIDS and HIV; condoms; homosexual sex; talking during sex; and an opinion survey on adolescent sex.

Brick, P. and Cooperman, C. ***Positive images: A new approach to contraceptive education.*** Santa Cruz, CA: Network Publications, 1986. 83 pp.
*Contact:* The Center for Family Life Education, Planned Parenthood of Bergen County, 575 Main Street, Hackensack, NJ 07601. Telephone: (201) 489-1265.

This teaching guide is a curriculum for adolescent contraceptive education, which can be used to expand existing sex education curricula, to integrate contraceptive education into the more traditional academic curriculum, or to strengthen pregnancy prevention programs. Each lesson includes objectives, a rationale, a list of materials needed, and step-by-step procedure. A list of additional resources is included.

Britton, P. O. ***Condom availability programs.*** New York, NY: Sex Information and Education Council of the U.S., n.d. 4 pp. (SIECUS fact sheet number 1 on comprehensive sexuality education)
*Contact:* SEICUS, 130 West 42nd Street, Suite 2500, New York, NY 10036. Telephone: (212) 819-9770. Single copies available at no charge; multiple copies $0.25 per copy plus 15 percent shipping and handling.

This fact sheet on comprehensive sexuality education addresses condom availability programs in schools as a component of HIV/AIDS education. Topics include adolescents' risk of contracting HIV, the lack of protection against HIV and other STDs among the adolescent population, educating adolescents about condoms, and condom availability programs.

Brown, S. ***Streetwise to sex-wise: Sexuality education for high-risk youth.*** Hackensack, NJ: Center for Family Life Education, Planned Parenthood of Greater Northern New Jersey, 1993. 185 pp.
*Contact:* Planned Parenthood of Greater Northern New Jersey, 575 Main Street, Hackensack, NJ 07601. Telephone: (201) 489-1265. $24.95 plus $3.00 for postage and handling for first item and $2.00 each for additional items; prepayment required; make checks payable to Planned Parenthood of Greater Northern New Jersey.

This guide was developed to help teachers provide high-risk adolescents sexuality education. It provides two series of lessons to reach adolescents in non-traditional settings which involve group members in the learning process. One set of lessons are designed for preteen and young teens, ages 9-14, and the other are for older teens, ages 14-19. The guide defines high-risk youth, discusses how to use the teaching guide, profiles high-risk populations, presents the basic principles underlying the guide, and describes ways to create conducive settings for group learning, and contains the two series of lessons. It also contains information on using role playing and provides lists of printed and audiovisual resources.

Burt, J., and Brower Meeks, L. ***Education for sexuality: Concepts and programs for teaching. (3rd edition).*** Dubuque, IA: William C. Brown Publishing, 1987. 580 pp.
*Contact:* William C. Brown Publishing, 2460 Kerper Boulevard, Dubuque, IA 52001. Telephone: (800) 338-5578 ext.1. $46.40 plus $2.50 shipping and handling; prepayment required.

This guide was developed for educators involved with teaching students responsible sexuality. It provides biological information about human sexuality based on scientific research findings. The first three sections of the guide are designed to acquaint the educator with basic information and concepts related to sexuality. In section four, the *Education for Sexuality: Scope and Sequence K–12 Curriculum* is presented.

Cassell, C., and Wilson, P. M. ***Sexuality education: A resource book.*** New York, NY: Garland Publishing, 1989. 446 pp.
*Contact:* Attention: Order Entry, Garland Publishing, 1000A Sherman Avenue, Hamden, CT 06514. Telephone: (800) 677-6273 (212) 751-7447. $69.00 plus 4 percent shipping and handling.

This book was developed for policymakers, educators, and counselors in education, health, and social services to provide assistance in developing programs, identifying resources, and establishing guidelines for the provision of sexuality education in both the public and private sectors. It discusses

sexuality education in three settings—in the family, in schools, and in the community—and presents an overview of the issues involved in the planning and implementation of sexuality education in each setting. An annotated bibliography follows each section.

Cassidy, D. C. ***Family life education curriculum guidelines.*** Minneapolis, MN: National Council on Family Relations, 1993. 34 pp.
*Contact:* National Council on Family Relations, 3989 Central Avenue, N.E. No. 550, Minneapolis, MN 55421. Telephone: (612) 781-9331 Fax (612) 781-9348. $12.95 including shipping and handling; prepayment required.

This set of guidelines includes an article on the nature of family life education, guidelines for family life education programs over the life span, college and university curriculum guidelines, and a curriculum for human development and sexuality. Reference and resource listings are included.

Caven, K. B. ***The real world adventures of Sammy Sperm: Paper doll and coloring book.*** Oakland, CA: Little Pig Productions, 1993. 14 pp.
*Contact:* Little Pig Productions, P.O. Box 20653, Oakland, CA 94611. $2.00, for single copies include a first-class stamp.

This coloring book provides a cut-out paper doll of a human sperm and various cut-out costumes for coloring to use with the doll. The pamphlet can be used as an ice-breaker for sex education programs. A companion booklet about Emily Egg is also available.

Center for Population Options. ***The facts.*** Washington, DC: Center for Population Options, 1990. 2 pp. each
*Contact:* Advocates for Youth, 1025 Vermont Avenue, N.W., Suite 210, Washington, DC 20005. Telephone: (202) 347-5700 Fax (202) 347-2263. $15.00 per set, plus 20 percent shipping and handling.

This series of fact sheets provides statistics, trends, program highlights, and additional resources and references on specific topics primarily related to adolescent health and sexuality both nationally and worldwide. Recent topics include childbearing and educational attainment, substance use and sexual risk-taking behavior, AIDS and HIV infection, school-based clinics, media and sexuality, a worldwide perspective on young women and AIDS, and adolescent pregnancy prevention strategies.

Center for Population Options, Centro Internacional de Documentacion Sobre Fecundidad Adolescente. ***Lista de materiales pedagogicos en castellano sobre educacion sexual destinados a los adolescentes.*** Washington, DC: Center for Population Options, 1989. 20 pp.
*Contact:* Center for Population Options, 1025 Vermont Avenue, N.W., Suite 210, Washington, DC 20005. Telephone: (202) 347-5700. $$4.00 plus 15 percent shipping and handling.

This annotated bibliography of Spanish-language sexuality education materials describes over 100 pamphlets, books, curricula, films, audio and videotapes, records, games, and other materials from 11 countries and lists distributor addresses. Available only in Spanish.

Central Michigan University, Educational Materials Center. ***Michigan Model for Comprehensive School Health Education.*** Lansing, MI: Educational Materials Center, Central Michigan University, 1996. 13 items.
*Contact:* Educational Materials Center, Clearinghouse for Educational Materials, Central Michigan University, 139 Combined Services Building, Mount Pleasant, MI 48859. Telephone: (800) 950-1144, ext. 3953 / Fax (517) 774-3943. Single copies available at no charge.

This information package contains fact sheets and descriptive brochures about the Michigan Model for Comprehensive School Health Education and a catalog and order form for the materials, curricula, and supplies that were developed for it. The Michigan Model covers grades K-8 and these topics: community health, disease prevention and control, emotional and mental health, family health, growth and development, nutrition, personal health practices, safety and first aid, and substance abuse.

Channing L. Bete Company. ***Abstinence—Saying no to sex.*** South Deerfield, MA: Channing L. Bete Company, 1994. 15 pp.
*Contact:* Channing L. Bete Company, 200 State Road, South Deerfield, MA 01373-0200. Telephone: (800) 628-7733 / Fax (800) 499-6464. Price varies by series and quantity ordered. Contact publisher for catalog and price list.

This pamphlet defines abstinence, discusses why people choose to abstain and the advantages of doing so, describes how abstinence can affect relationships positively, and covers ways to say no. It is one of a number of pamphlets published by Channing L. Bete which focus on adolescents making decisions about their sexuality. Other titles include: "What Young People Should Know about the Emotional Effects of Sex," "Saying No to Sex: It Makes Sense," " Making Decisions about Sex," and "Sexual Abstinence: It Makes Sense." Some of these titles are available in Spanish.

Connecticut Department of Health Services. ***Connecticut health check: A computerized health risk appraisal for youth.*** Hartford, CT: Connecticut Department of Health Services, 1989. 3 items.
*Contact:* Mary L. Adams, M.S., Research Analyst, Office of Health Education, Center for Health Communication, Connecticut Department of Health Services, 150 Washington Street, Hartford, CT 06106. Telephone: (203) 566-7867. Available at no cost.

This survey allows educators to profile students potentially at risk. Specific versions of the survey are available for students in grades 4–6, junior high, and high school. The survey includes questions on diet, weight, exercise, AIDS, sexual attitudes, stress, suicidal thoughts, and the use of alcohol, tobacco, illegal drugs, and seat belts. Each student receives an individualized computer report which highlights risk areas and offers suggestions for improvement. If considered at potential risk, the student is referred to a specialist within their school. Schools have used the results from the health risk appraisal as a basis for classroom discussion, to justify the need for health education and/or school-based clinics, to follow high-risk students, and to modify curricula.

Cooperman, C., and Rhoades, C. ***New methods for puberty education: Grades 4-9. (2nd ed.).*** Hackensack, NJ: Center for Family Life Education, Planned Parenthood of Greater Northern New Jersey, 1992. 176 pp.
*Contact:* Center for Family Life Education, Planned Parenthood of Greater Northern New Jersey, 575 Main Street, Hackensack, NJ 07601. Telephone: (201) 489-1265. $29.95 plus $3.00 for postage and handling for first item and $2.00 each for additional items; prepayment required; make checks payable to Planned Parenthood of Greater Northern New Jersey. ISBN 0-9609366-0-2.

This guide provides teachers with specific methods of conducting puberty education classes in grades 4 to 9 and is designed for educators who want to provide early adolescents factual information about the physical and emotional changes that accompany puberty. It includes an introduction; and it provides lesson plans, work sheets, and background materials to support the curriculum's objectives: increasing the adolescent's knowledge of the human body, improving their communication skills with regard to the body, enhancing their self-esteem, and increasing their understanding of sex differences and similarities. The second edition of this provides an updated listing of available resources but makes no major changes to the text of the 1983 edition.

Core-Gebhart, P., Hart, S. J., and Young, M. ***Living smart: Understanding sexuality in the teen years.*** Fayetteville, AR: University of Arkansas Press, 1991. 212 pp., 1 set overhead transparencies, 1 set handouts
*Contact:* University of Arkansas Press, 201 Ozark, Fayetteville, AR 72701. Telephone: (501) 575-3246. $35.00.

This curriculum was developed to provide assistance to schools and communities in initiating or upgrading programs of family life sexuality education. It was designed to be implemented in twenty-four consecutive classroom days with young adolescents in public health education classes. The curriculum's philosophy is to promote the learning of life planning skills, foster self discipline, enhance communication, and assist young people in the establishment of meaningful life goals to encourage the postponement of early sexual involvement. It includes teaching objectives, instructor background

information, lecture/discussion information, learning activities, handouts, and transparencies.

Core-Gebhart, P., Hart, S. J., and Young, M. ***Living smart: Understanding sexuality into adulthood.*** Fayetteville, AR: University of Arkansas Press, 1991. 232 pp., 1 set overhead transparencies, 1 set handouts
*Contact:* University of Arkansas Press, 201 Ozark, Fayetteville, AR 72701. Telephone: (501) 575-3246. $35.00.

This curriculum was developed to provide assistance to schools and communities in initiating or upgrading programs of family life sexuality education. It was designed to be implemented in twenty-four consecutive classroom days with fifteen- and sixteen-year-old adolescents in public health education classes. The curriculum's philosophy is to promote the learning of life planning skills, foster self discipline, enhance communication, and assist young people in the establishment of meaningful life goals to encourage the postponement of early sexual involvement. It includes teaching objectives, instructor background information, lecture/discussion information, learning activities, handouts, and transparencies.

Core-Gebhart, P., Hart, S. J., and Young, M. ***Sex can wait: An abstinence-based sexuality curriculum for high school.*** Santa Cruz, CA: ETR Associates, 1994. 478 pp.
*Contact:* ETR Associates, P.O. Box 1830, Santa Cruz, CA 95061-1830. Telephone: (800) 321-4407. $59.95. Title no. H332.

This curriculum can be used to develop high school sex education courses that rely on the idea of abstinence. Broad subjects covered by the course include: knowing myself, understanding sexuality, relating to others, and planning my future. Within these subjects, it covers specific topics such as: values, decision making, self-esteem, gender roles, reproductive anatomy and physiology, sexually transmitted diseases, parental readiness, communication, relationships, sexual decision making, goal setting, and life planning. Each module contains suggestions for the teacher, objects, examples of learning activities, and samples of transparencies and handouts. The guide also contains a glossary and a bibliography. The guide also includes a catalog of other materials available from the publisher.

Coupey, S. M., and Klerman, L. V. (Eds.). ***Adolescent sexuality: Preventing unhealthy consequences.*** Philadelphia, PA: Hanley and Belfus, 1992. 212 pp. (Adolescent medicine: State of the art reviews; volume 3, number 2)
*Contact:* Hanley and Belfus, 210 South 13th Street, Philadelphia, PA 19107. Telephone: (800) 962-1892 (215) 546-7293. $63 for yearly subscription (three issues).

This volume was written for health care professionals to provide current information on the prevention of the adverse consequences of adolescent sexuality. The four sections—prevention or delay of premature sexual behavior; prevention of pregnancy and sexually transmitted diseases; prevention of negative consequences of adolescent child rearing; and prevention of sexually-related problems in special populations of adolescents—are written by authors from different disciplines including medicine, public health, psychology, education, and law.

Donahue, M. J. ***Technical report of the national demonstration project field test of Human sexuality: Values and choices.*** Minneapolis, MN: Search Institute, 1987. 125 pp.
*Contact:* Search Institute, Thresher Square West, 700 South Third Street, Suite 210, Minneapolis, MN 55415. Telephone: (612) 376-8955 / (800) 888-7828 / Fax (612) 376-8956. $25.00; executive summary, $5.00; shipping and handling costs vary by size of order; prepayment required.

This report presents statistics obtained in field tests of the "Human Sexuality: Values and Choices" curriculum developed for seventh and eight graders. The report includes an executive summary, and the formal research report which includes a literature review, the methodology, measures, and analyses. Appendices include a bibliography of relevant research literature, and samples of the research instruments. The executive summary of the report is available separately.

Donovan, P. ***Risk and responsibility: Teaching sex education in America's schools today.*** New York, NY: Alan Guttmacher Institute, 1989. 24 pp.
*Contact:* Alan Guttmacher Institute, 111 Fifth Avenue, New York, NY 10003-1089. Telephone: (212) 254-5656. $5.00, additional copies at a reduced rate.

This booklet summarizes state data on sex education instruction in schools and relevant policies. Survey findings are presented and recommendations are delineated for state education agencies, school district authorities, administrators, teachers, parents, and community groups.

Drolet, J. C., and Clark, K. (Eds.). ***The sexuality education challenge: Promoting healthy sexuality in young people.*** Santa Cruz, CA: ETR Associates/Network Publications, 1994. 681 pp.
*Contact:* ETR Associates, P.O. Box 1830, Santa Cruz, CA 95061-1830. Telephone: (800) 321-4407. $39.95 plus 15 percent shipping and handling.

This book provides an overview of sexuality education issues for both educators and parents. Chapters focus on challenges to sexuality education in schools, teacher training, adolescent pregnancy, cultural diversity, the role of the media, and program evaluation. A table of reviewed curricula is included along with a list of the criteria used in assessing the courses. Position statements from national organizations on sexuality education also are included.

Dunkle, M. ***Just what the doctor should have ordered: A prescription for sex-fair school health services.*** Newton, MA: Women's Educational Equity Act Publishing Center, 1989. 158 pp.
*Contact:* Women's Educational Equity Act Publishing Center, Education Development Center, 55 Chapel Street, Suite 256, Newton, MA 02160. Telephone: (800) 225-3088 (617) 969-7100. $10.00 plus $2.00 shipping and handling.

This book was developed for service providers, parents, and others interested in education-provided health services. The book provides a framework to assess health services at schools and colleges, evaluate whether or not these services are sex fair, and identify and implement needed changes. Specific topic areas include: schools and pregnant students, sex education and birth control services and programs, gynecologic and reproductive health care, student health insurance, sports medicine, alcohol and drug abuse services and programs, mental health services, and other health services and programs. The conclusion provides a summary of the principles for evaluating sex fairness in each of these eight areas. Appendices include an outline of the provisions in the Title IX statute, the law prohibiting sex discrimination in federally funded education programs; model assessment tools to gather information regarding Title IX and school health services; and a bibliography listing pertinent sources and references.

Edmondson, J., Bingham, M., Stryker, S., Fajen, S., Jackman, M., Peters, K., Paine P., and Quinn, L. ***Instructor's guide: Choices, challenges, changes and more choices.*** Santa Barbara, CA: Advocacy Press, 1988. 271 pp.
*Contact:* National Resource Center, Girls Incorporated, 441 West Michigan Street, Indianapolis, IN 46202. Telephone: (317) 634-7546. $15.95 plus shipping and handling.

This instructor's guide describes four pregnancy prevention courses developed by chapters of the Girls Clubs of America. It provides additional exercises that can be done in class to enhance the course work. A resource section includes tips on managing group dynamics and on obtaining funding for local sexuality education programs.

Family Planning Association of Maine. ***Promoting healthy sexuality: A Curriculum for classroom teachers (grades 9-12).*** Augusta, ME: Family Planning Association of Maine, 1993. 378 pp.
*Contact:* Laura Amazeen, Family Planning Association of Maine, P.O. Box 587, Augusta, ME 04338-0587. Telephone: (207) 622-7524 Fax 207-622-0836.

This activity-based curricula was developed as a resource for teachers developing sexuality education

programs. It addresses the cognitive, affective, and skill domains and provides students an opportunity to develop and practice skills in self-awareness, communication, and decision-making. The curricula is divided into three separate books: grades 4-6, grades 7-8, and grades 9-12. Each book contains nine to eleven units. Unit areas can be combined to create a comprehensive sexuality program for a particular grade level. Activities in each of the units range from simple introductory activities to more complex applications of concepts and skills. Topics include self-esteem and awareness, communication, decision making, reproductive anatomy and physiology, puberty, relationships, gender roles, pregnancy and parenting, birth control, and sexually transmitted diseases.

Family Planning Association of Maine. ***Promoting healthy sexuality: A Curriculum for classroom teachers (grades 7-8).*** Augusta, ME: Family Planning Association of Maine, 1993. 320 pp.

*Contact:* Laura Amazeen, Family Planning Association of Maine, P.O. Box 587, Augusta, ME 04338-0587. Telephone: (207) 622-7524 Fax 207-622-0836.

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Family Planning Association of Maine. ***Promoting healthy sexuality: A curriculum for classroom teachers.*** Augusta, ME: Family Planning Association of Maine, 1993. 3 v.
*Contact:* Laura Amazeen, Family Planning Association of Maine, P.O. Box 587, Augusta, ME 04332-0587. Telephone: (207) 622-7524 / Fax 207-622-0836. 3 volumes $59.95 plus shipping and handling; volumes also priced separately; grades 4-6 $15.95, 7-8 $20.95, and 9-12 $29.95 plus $3.50 shipping and handling.

This activity-based curriculum was developed as a resource for teachers developing sexuality education programs. It addresses the cognitive, affective, and skill domains and provides students an opportunity to develop and practice skills in self-awareness, communication, and decision-making. The curriculum is divided into three separate books: grades 4-6, grades 7-8, and grades 9-12. Each book contains nine to eleven units. Unit areas can be combined to create a comprehensive sexuality program for a particular grade level. Activities in each of the units range from simple introductory activities to more complex applications of concepts and skills. Topics include self-esteem and awareness, communication, decision making, reproductive anatomy and physiology, puberty, relationships, gender roles, pregnancy and parenting, birth control, and sexually transmitted diseases.

Firestone, W. A., Ballou, J., Bader, B. D., and Whelchel, N. ***Is playing it safe unsafe? Family life education in New Jersey.*** New Brunswick, NJ: Network for Family Life Education, Rutgers University, 1993. 27 pp.
*Contact:* Susan N. Wilson, Network for Family Life Education, Rutgers University, Building 4087, Livingston Campus, New Brunswick, NJ 08903. Telephone: (908) 932-7929 Fax (908) 932-4154. Available at no charge.

This report assesses the effects of family life education, mandated by the New Jersey State Board of Education in 1980. Based on surveys of teachers and the general public, as well as in-depth interviews, it argues that educators still play it too safe, avoiding content that would help reduce unwanted pregnancies and sexually transmitted diseases. It offers numerous recommendations for improvement.

Forliti, J. ***Values and choices: A guide for parents of young adolescents.*** Minneapolis, MN: Search Institute.
*Contact:* Search Institute, 700 South Third Street, Suite 210, Minneapolis, MN 55415. Telephone: (612) 376-8955 / (800) 888-7828 / Fax (612) 376-8956. $3.50 plus $2.50 for orders $9.99 and less, $3.50 for orders $10.00 to $29.99, $4.50 for order $30.00 to $49.99.

This 30-day preview kit provides a sample of the Human Sexuality: Values & Choices course designed for 7th and 8th grade adolescents and their parents. The course was developed to address adolescent issues such as physical and emotional changes of puberty, sexual attraction, dating, decision-making, pregnancy and birth, and sexual responsibility. The preview kit contains a curriculum description outlining the adolescent and parent lesson plans and learning activities; field test results; student's thought book, curriculum companion; a copy of Source, a quarterly information resource newsletter, an order form; and a 18-minute VHS videotape presentation. The three piece, Human Sexuality: Values and Choices program consists of a 120-minute videotape, a teacher's lesson plan manual, and parent's guide to facilitate parent-adolescent communication about sexuality (also available in Spanish).

Gallup, G. H., with Plump, W. ***Growing up scared in America: And what the experts say parents can do about it.*** Princeton, NJ: George H. Gallup International Institute, 1995. 81 pp.
*Contact:* George H. Gallup International Institute, 47 Hulfish Street, P.O. Box 140, Princeton, NJ 08542. Telephone: (609) 921-6200 / Fax (609) 924-0228. $9.95 plus $2.00 shipping and handling; prepayment required; make checks payable to George H. Gallup International Institute. ISBN 0-924455-08-x.

This book summarizes the results of surveys taken over a number of years by the Gallup Institute; it presents adolescents' opinions on the social problems that affect them as they mature in today's society. Each chapter presents information on risk factors affecting adolescents and includes advice from experts on ways to deal with each type of risk behavior. Topics include violence; teenage sexuality including the threat of AIDS and adolescent pregnancy; the availability of drugs, alcohol, and tobacco; the overall poor physical condition of adolescents and its long-range effects on their health; and the need to learn social values. The book includes a checklist for parents and lists of resources.

Gambone, J. V. ***Breaking the silence: Parents as partners in sexuality education.*** Minneapolis, MN: Search Institute, 1992. 1 audiotape.
*Contact:* Search Institute, 700 South Third Street, Suite 210, Minneapolis, MN 55415. Telephone: (800) 888-7828 (612) 376-8955 Fax (612) 376-8956. $5.95 plus shipping and handling.

This audiotape was developed for parents to help them understand the role that can play in their adolescents' sexuality education. Its includes interviews with parents and adolescents and provides practical suggestions of ways for parents to pass along their personal values. The audiotape in part of Values & Choices, a comprehensive, values-based sexuality education program for middle grade students and parents.

Gambrell, A. E., and Haffner, D. ***Unfinished business: A SIECUS assessment of state sexuality education programs.*** New York, NY: Sex Information and Education Council of the United States (SIECUS), 1993. 42 pp.
*Contact:* Sex Information and Education Council of the United States (SIECUS), 130 West 42nd Street, Suite 2500, New York, NY 10036. Telephone: (212) 819-9770 Fax (212) 819-9776. $7.50 includes shipping and handling.

This report uses a previous SIECUS publication, Guidelines for comprehensive sexuality education, K-12, as a model to assess state sexuality education curricula. The state's curricula were evaluated along six key concepts which are central to the Guidelines document. These six concepts are human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. Each concept is further divided into four instructional levels: early elementary, upper elementary, middle/junior high, and high school.

Gambrell, A. E., and Kantor, L. M. ***The far right and fear-based abstinence-only programs.*** New York, NY: Sex Information and Education Council of the United States, 1992. 3 pp. (SIECUS fact sheet on comprehensive sexuality education; no. 4)
*Contact:* Sex Information and Education Council of the United States, 130 West 42nd Street, Suite 2500, New York, NY 10036-7901. Telephone: (212) 819-9770 / Fax (212) 819-9776. Single copies available at no charge; multiple copies available for $0.30 each.

This fact sheet lists conservative organizations that oppose comprehensive sex education. For each organization listed, the fact sheet provides their addresses and phone numbers, summarizes their stated mission, and notes their current activities with regard to sex education. Quotes taken from organization representatives are also included. This fact sheet originally appeared in the December, 1992-January, 1993 issue of the SIECUS Report.

Garrison, J., Smith, M., and Besharov, D. (Eds.). ***Sexuality, poverty and the inner city.*** Menlo Park, CA: The Henry J. Kaiser Family Foundation, 1994. 81 pp. (Sexuality and American social policy; 2)
*Contact:* Publications Department, Henry J. Kaiser Family Foundation, 2400 Sand Hill Road, Menlo Park, CA 94025. Telephone: (800) 656-4533 / (415) 854-9400 / Fax (415) 854-4800. Available at no charge. ISBN 0-944525-19-9.

This monograph contains two papers presented at the second seminar in the Sexuality and American Social Policy series. It includes an introduction, a summary of the seminar and copies of Sex Codes among Inner-City Youth by Elijah Anderson, and Teen Sexuality among Inner-City White Youth by Patricia Lynn Stern. Respectively, the papers consider adolescents living in poverty in black and white neighborhoods in Philadelphia. The papers describe the poor economic conditions and the social factors prevalent in these neighborhoods which result in the adolescent's early sexual activity and parenthood, drug use, and long-term inability to find jobs.

Girls Incorporated. ***Preventing adolescent pregnancy program.*** New York, NY: Girls Incorporated, 1989-1990. 7 v.
*Contact:* Girls Incorporated, National Resource Center, 441 West Michigan Street, Indianapolis, IN 46202. Telephone: (317) 634-7546. $200.00 for all four titles, $50.00 per title; plus $2.00 shipping and handling.

This four-part curriculum provides instruction and activities for implementing a comprehensive pregnancy prevention program for adolescent females ages 9–18 years. *Growing Together* is designed to increase communication between parents and daughters (ages 9–11 years) about sexual information and values. *Will Power/Won't Power* is an assertiveness training program with the specific goal of encouraging early adolescent females (ages 12–14 years) to delay engaging in sexual intercourse. *Taking Care of Business* provides a structured program designed to increase adolescent females' (ages 15–18 years) education and career planning skills and motivation to avoid pregnancy. *Health Bridges* provides a structured program and cooperative delivery system linking the educational opportunities available in local Girls Incorporated programs with community-based health services.

Girls Incorporated. ***Truth, trust and technology: New research on preventing adolescent pregnancy.*** New York, NY: Girls Incorporated, 1991. 24 pp.
*Contact:* National Resource Center, Girls Incorporated, 441 West Michigan Street, Indianapolis, IN 46202. Telephone: (317) 634-7546. $12.00 plus shipping and handling.

This report is an analysis of the study results of four adolescent pregnancy prevention programs: *Growing Together*, a series of parent-daughter workshops designed to increase communication about sexuality; *Will Power/Won't Power*, an assertiveness training program; *Taking Care of Business*, a career planning program designed to increase motivation to avoid pregnancy; and *Health Bridge*, a project linking sex education classes with community-based health services. Sample activities from the various programs are included as an appendix.

Glazer, S. ***Preventing teen pregnancy.*** CQ Researcher. 3(18): 409-432. May 14, 1993.
*Contact:* Congressional Quarterly, 1414 22nd Street, N.W., Washington, DC 20037. Telephone:

(202) 887-8621. Individual issues $4.00 for subscribers, $7.00 for non-subscribers; quantity discounts apply to orders over ten.

This issue of CQ Researcher considers the rising trend in teenage pregnancies, notes behavior patterns and social attitudes, and reviews trends in prevention programs. It presents information on birth rates to unwed mothers, it considers pregnancies among inner city youths, and it examines the link between poverty and adolescent pregnancy. It includes side bars that provide statistics on birth rates, rates of pregnancies among unwed mothers, and the increase in sexual activity among teenagers. The current role of sex education in schools is evaluated, two essays examine whether sex education works, future prevention strategies are suggested, and a selected bibliography is provided.

Gordon, S. ***Girls are girls and boys are boys: So what's the difference?.*** Buffalo, NY: Prometheus Press, 1991. 48 pp.
*Contact:* Prometheus Books, 700 East Amherst Street, Buffalo, NY 14215. Telephone: (716) 837-2475 / Fax (716) 835-6901. Price unknown. ISBN 0-87975-686-1.

This book briefly explains the facts of human reproduction, the physical differences between boys and girls, and the fact that these differences have no effect on a person's choice of career or other interests.

Gordon, S. ***Sex: A topic for conversation.*** Dallas, TX: Media Projects, 1988. 3 videotapes, discussion guide (9 pp.).
*Contact:* Media Projects, 5215 Homer Street, Dallas, TX 75206. Telephone: (214) 826-3863. $99.00 each, all three for $250 ($9.00 shipping and handling), rental price $49.00 each.

This is a three videotape set: *For Parents of Young Children*, *For Parents of Teenagers*, and *For Teenagers*. The programs for parents may be used as a tool for parent groups to help them feel more comfortable discussing their role as sex educators. It may also be used as a tool for teachers and sex educators to use in training sessions and when working with parents and/or adolescents. The videotape for adolescents helps to answer questions about sexuality and relationships, and to understand the possible consequences of engaging in certain behaviors. Questions are provided to help prepare group leaders for discussions. Activities are also suggested for use after viewing the videotapes.

Gordon, S. ***Value-based sexuality education: Confronting extremists to get the message across.*** SIECUS Report. 20(6): 1-4. August/September 1992.
*Contact:* Sex Information and Education Council of the United States, 130 West 42nd Street, Suite 350, New York, NY 10036-7901. Telephone: (212) 819-9770 / Fax (212) 819-9776. Reprints $2.00 each includes handling; make check payable to SIECUS.

This article suggests ways that sex educators can combine social values with their educational efforts with adolescents. Combining the two messages results in a values-based sexuality education program which. The author includes tables indicating major messages for adolescents and defining important elements in a relationship. Possible public service announcements are also included.

Haffner, D. W. (Ed.), and National Commission on Adolescent Sexual Health. ***Facing facts: Sexual health for America's adolescents.*** New York, NY: Sex Information and Education Council of the U.S., 1995. 32 pp.
*Contact:* Sex Information and Education Council of the U.S., 130 West 42nd Street, Suite 350, New York, NY 10036. Telephone: (212) 819-9770 / Fax (212) 819-9776. $12.95 includes shipping and handling.

This report summarizes the activities of the National Commission on Adolescent Sexual Health which analyzed adolescent sexuality to help policy makers develop appropriate public health policies. It includes a consensus statement on adolescent sexual health endorsed by 48 national organizations. The report provides background information on various aspects of adolescent development, indicates characteristics of a sexually healthy adolescent, reviews trends in sexual behavior in the

1990s, and considers the adult role in promoting adolescent sexual health. It includes a summary of the recommendations for developing public policies, and it lists resources for additional reading.

Haffner, D. W. ***Sex education 2000: A call to action.*** New York, NY: Sex Information and Education Council of the U. S., 1990. 36 pp.
*Contact:* SEICUS, 32 Washington Place, New York, NY 10003. Telephone: (212) 673-3850. $12.00.

This report summarizes the major presentations and discussions from a one-day conference on the current status and future of sexuality education for children and youth held in June 1989 and sponsored by SIECUS, the Sex Information and Education Council of the United States. The report outlines thirteen goals to assure that by the year 2000 all children and youth will receive comprehensive sexuality education from preschool through adulthood. These recommendations, developed by SIECUS, are based on the conference's presentations and small group deliberations. The report is intended to encourage federal and state education officials, program planners, educators, and others to develop and implement new programs and activities. The appendices include an organizational reference list, SIECUS position papers, and conference participants list.

Harris, E. ***How to talk to your children about sexuality and other important issues: A SIECUS annotated bibliography for parents.*** New York, NY: Sex Information and Education Council of the United States, 1994. 3 pp. (SIECUS annotated bibliography)
*Contact:* Sex Information and Education Council of the United States, 130 West 42nd Street, Suite 2500, New York, NY 10036-7901. Telephone: (212) 819-9770 / Fax (212) 819-9776. 1-4 copies/$2.00 each; 5-49 copies/$1.75 each; 50-100 copies/$1.50 each; 100+ copies/$1.00 each; make check payable to SIECUS.

This bibliography lists materials for parents that can be used when discussing sexuality with their children. It includes books (1) for parents to use specifically with children and adolescents; and (2) discussing how parents should talk about sexuality with their kids. One section contains classic books that have been written for parents Also listed are organizations, programs for parents, and pamphlets. Most of the materials were published between 1985 and 1993.

Harvard Community Health Plan Foundation. ***TLC talk listen care kit.*** Wellesley, MA: Harvard Community Health Plan Foundation, 1987. 14 pamphlets, 1 set game cards.
*Contact:* Harvard Community Health Plan Foundation, 27 Mica Lane, Wellesley, MA 02181. Telephone: (800) 852-5488. $9.95 plus $2.00 shipping and handling (in Massachusetts) or $3.00 shipping and handling (outside Massachusetts).

The *Talk Listen Care (TLC) Kit* was developed for parents and children ages 4–12 as part of a campaign to reduce unintended adolescent pregnancies. This education program provides an arena in which families may interact and communicate about sexuality and other sensitive topics. The TLC Kit contains several books: (1) *TLC Drawing Book: For Kids Ages 4–8;* (2) *Straight Talk: Sexuality Education for Parents and Kids Ages 4–8;* (3) *Let's Talk about Sex: A Read and Discuss Guide for Kids Ages 9–12 and Their Parents;* (4) *How Do I Start? A Parent's Introduction;* and (5) *Risky Times: How to be AIDS-smart and stay Healthy.* Also included are pamphlets on other sexuality-related topics and the TLC game which provides life situations to engage players' response and discussion.

Herdt, G. (Ed.). ***Gay and lesbian youth.*** Binghamton, NY: Harrington Park Press, 1989. 355 pp.
*Contact:* Harrington Park Press, Haworth Press, 10 Alice Street, Binghamton, NY 13904-1580. Telephone: (800) 342-9678 / Fax (607) 722-6362. $19.95. ISBN 0-918393-56-6.

This book is a collection of chapters by individual authors that are based on cross-cultural studies of gay, bisexual, and lesbian adolescents. The authors contribute to an overall study of the identities, situations, and relationships of homosexual adolescents in different societies. A background is provided in chapters that examine emerging identities of the adolescents, the formation of their homosexual identities, consider the ethnographic profiles, parental influences on self-esteem. Other chapters focus on growing up lesbian, issues related to male prostitution and homosexuality, and gays and AIDS. Specific chapters examine trends in England, Mexico, Brazil, France, Sweden,

Finland, Ireland, and Australia. Possible future research topics are also discussed. The book was also released as a special issue of the "Journal of Homosexuality," volume 17, numbers 1-4, 1989.

Howard, M. ***How to help your teenager postpone sexual involvement.*** New York: Continuum Publishers, 1988. 136 pp.
*Contact:* Continuum Publishers, 370 Lexington Avenue, New York, NY 10017. Telephone: (212) 532-3650. $14.95.

This book provides parents, teachers, and educators with principles and methods to help young people develop skills and abilities to cope with the social and peer pressures that lead to sexual involvement. It teaches parents how and when to set limits, and how to foster independent, responsible decision making. It provides examples of actual conversations—between parents and adolescents, and between adolescents themselves—to show how young people can successfully say no.

Howard, M., and Mitchell, M. E. ***Postponing sexual involvement: An educational series for young teens.*** Atlanta, GA: Emory/Grady Teen Services Program, Grace Memorial Hospital, 1990. 1 videotape (VHS), 35:40 minutes, leader's manual (80 pp.).
*Contact:* Emory/Grady Teen Services Program, Grace Memorial Hospital, 80 Butler Street, S.E., Box 26158, Atlanta, GA 30035. Telephone: (404) 616-3513. $80.00 per videotape plus 15 percent shipping and handling.

This curriculum was developed to help young adolescents delay early sexual activity and help develop skills that will enable them to resist peer pressure. The emphasis is on skill building to be able to say no. Aimed at youth in grades seven, eight, and nine, the curriculum is an experimental program designed to encourage thinking about, discussing, and practicing use of information that will be helpful to them in resisting social and peer pressures to become sexually involved. The curriculum uses adolescent leaders as program presenters, provides for parent involvement, and has been proven effective when used to supplement a basic human sexuality program in a school or community setting. This curriculum is part of the *Postponing Sexual Involvement Educational Series*. Other titles include: *Preteens*, *Parents of Preteens*, and *Parents of Young Teens*.

Human Relations Media. ***Sexual abstinence: Making the right choice.*** Pleasantville, NY: Human Relations Media, 1989. 1 videotape (VHS, 23 minutes), 1 booklet 17 pp.).
*Contact:* Human Relations Media, 175 Tompkins Avenue, Pleasantville, NY 10570. Telephone: (800) 431-2050 (914) 769-7496. $169.00 plus five percent shipping and handling; also available from ETR Associates, P.O. Box 1830, Santa Cruz, CA 95061-1830. (800) 321-4407.

This videotape presents candid, thoughtful, and persuasive commentary by individuals and groups of adolescents from around the country on sexuality and abstinence. Mary Lee Tatum, nationally recognized sex educator, talks with adolescent in several cities, asking questions that bring their thoughts into critical focus.

Jones, P. M. ***Condom availability in high school: A local response.*** Washington, DC: U.S. Conference of Mayors, 1992. 12 pp. (AIDS information exchange; v. 9, no. 3)
*Contact:* Lilli Brown, U.S. Conference of Mayors, 1620 Eye Street, N.W., 1620 Eye Street, N.W., Washington, DC 20006. Telephone: (202) 293-7330 / Fax (202) 293-2352. $4.00 (includes handling).

This report describes the development and implementation of the Adams County School District in Commerce City, Colorado high school condom availability program as part of a comprehensive HIV prevention program. A discussion of the process undertaken by the district to develop policies and curriculum in response to the HIV epidemic is also included.

Kenney, A. M. ***Sex education and AIDS education in the schools: A survey of state policies, curricula, and program activities.*** New York, NY: Alan Guttmacher Institute, 1989. 144 pp.

*Contact:* Alan Guttmacher Institute, 111 Fifth Avenue, New York, NY 10003. Telephone: (212) 254-5656. $30.00 plus 10 percent shipping and handling.

This report summarizes the findings of the 1988 Survey of State Education Agencies on Sex Education and AIDS Education. The official state policies and relevant documents are listed for all 50 states and the District of Columbia. Summary tables and charts highlight key features of state laws and policies. Key features and analyses of state-developed curricula, curriculum guides, and program activities on sex education and AIDS education are summarized.

Kotloff, L. J., Roaf, P. A., and Gambone, M. A. ***The plain talk planning year: Mobilizing communities to change.*** Philadelphia, PA: Public/Private Ventures, 1995. 72 pp., exec. summ. (7 pp.).

*Contact:* Research and Evaluation, Annie E. Casey Foundation, 701 St. Paul Street, Baltimore, MD 21202. Telephone: (410) 547-6600 / Fax (410) 547-6624. Available at no charge.

This report describes the planning year of communities that are participating in the Plain Talk program sponsored by the Annie E. Casey Foundation. The Plain Talk initiative seeks to address the problems of adolescent pregnancy and sexually transmitted diseases by organizing and mobilizing community residents to change the attitudes and practices of adults, adolescents, and service providers in ways that directly support wider use of contraception.

Laing, N. ***Parents too soon: Community awareness for teen pregnancy prevention project.*** Springfield, IL: Illinois Department of Public Health, 1989. 29 pp.
*Contact:* Linda P. Miller, Parents Too Soon, 535 West Jefferson Street, Springfield, IL 62761. Telephone: (217) 782-0554. Available at no charge.

This booklet describes programs funded in 1988 by the State of Illinois' Parents Too Soon program. The purpose of the Parents Too Soon program is to explore experimental and innovative approaches to involving parents in the sex education of their pre-adolescent and adolescent children, and to develop models for replication. This booklet outlines the initiative for the program, abstracts the seven projects, and summarizes the results of the funded projects.

Lerner, R.M. and Galambos, N.L. (Eds.). ***Experiencing adolescents: A sourcebook for parents, teachers, and teens.*** New York, NY: Garland Publishing, 1984. 422 pp.
*Contact:* Garland Publishing, New York, NY.

This book was designed to convey to parents, to adolescent health care providers, and to adolescents what is known about the major changes experienced in adolescence, what problems are involved with respect to these changes, and what can be done to help deal with and, possibly, resolve these problems. Chapters in the book focus on the physical and physiological changes of adolescence and their psychosocial implications, adolescent sexuality, social relationships in adolescence, child abuse during adolescence, adolescent substance abuse, medical problems of adolescence, moral and religious development during adolescence, education during adolescence, vocational and role development during adolescence, and problems of handicapped adolescents. A *Sources of Help* section devoted to one of these issues can be found at the end of each chapter .

Life Skills Education. ***Abstinence: It's your body and it's your choice.*** Northfield, MN: Life Skills Education, 1995. 13 pp.
*Contact:* Life Skills Education, 314 Washington Street, Northfield, MN 55057-2025. Telephone: (800) 783-6743 / (507) 645-2994 / Fax (507) 645-2995 / Email mail@lifeskillsed.com. $2.50 includes shipping and handling; discounts available for bulk orders. Pamphlet no. 2211.

This pamphlet presents facts about issues that may affect an adolescent's decision to be abstinent. It covers decision making; includes statistics on adolescent pregnancies and the incidence of AIDS and other sexually transmitted diseases; describes ways adolescents can take control of their sexual behavior; considers how to deal with mixed messages from the media, parents, and peers; discusses how to say no, and indicates ways adolescents can find support.


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Life Skills Education. ***Life Skills Education series: Catalog.*** Northfield, MN: Life Skills Education, 1994. 4 pp., 1 order form (1 p.).
*Contact:* Life Skills Education, 314 Washington Street, Northfield, MN 55057. Telephone: (800) 783-6743, dept. no. 199 / Fax (507) 645-2995. Available at no charge.

This catalog lists publications that are part of the series, "Pamphlets that Communicate." The pamphlets cover topics of interest to adolescents or problems which they face. The pamphlets provide health care and community service professionals with materials they can use when working with adolescents. The broad topics covered by the series include: AIDS education, family life issues, parenting, social issues and awareness, career choices and vocational skills, nutrition and fitness, health and wellness, sexual education, personal improvement, substance and alcohol use and abuse, and domestic violence. Each pamphlet has been prepared by different mental health services, community health centers, and education groups which have expertise within the topic covered.

McNamara, D. ***Showing promise: Mass media as a community tool for preventing sexual abuse.*** Minneapolis, MN: Illusion Theater, 1987. 60 pp.
*Contact:* Illusion Theater, 528 Hennepin Avenue, Suite 704, Minneapolis, MN 55403. Telephone: (612) 339-4944. $5.00; prepayment required.

This pamphlet describes a model for mass media programming in conjunction with extensive community organizing and education about child sexual abuse. The model is Project Abuse, which was a combined effort of Illusion Theater, several social services agencies, and a Minneapolis television station.

Mayden, B. ***Sexuality education for youths in care: A state-by-state survey.*** Washington, DC: CWLA Press, 1996. 43 pp.
*Contact:* Child Welfare League of America, c/o CSSC, P.O. Box 7816, 300 Raritan Center Parkway, Edison, NJ 08818-7816. Telephone: (800) 407-6273 / (908) 225-1900 / Fax (908) 417-0482. $12.95 plus shipping and handling; no shipping and handling if prepaid. ISBN 0-87868-639-9

This report presents the results of a survey taken to determine the policies that states have enacted to provide sexuality education and family planning education for adolescents placed in out-of-home care. The report describes the rationale of the survey, presents information derived from it, analyzes obstacles that have affected the development of policies, and makes recommendations for future activities.

McIlhaney, J. S., Jr., with McIlhaney, M. ***Sex: What you don't know can kill you.*** Grand Rapids, MI: Baker Books, 1997. 121 pp.
*Contact:* Baker Books, P.O. Box 6287, Grand Rapids, MI 49516. Price unknown. ISBN 0-8010-5737-x.

This book is divided in two sections; the first reviews the symptoms and treatments for a number of sexually transmitted diseases; the second examines the various behaviors and risks involved with different methods of sexual fulfillment. The first section covers these diseases, among others: chlamydia, gonorrhea, herpes, hepatitis B, HIV and AIDS, and vaginal infections. The second section discusses sexual acts other than intercourse, the use of condoms, cohabitation as a form of mutual monogamy, how and when to abstain from sex, secondary virginity, celibacy, and personal codes regarding sexual activity.

Meeks, L. B., Heit, P., and Burt, J. ***Education for sexuality and HIV/AIDS: Curriculum and teaching strategies.*** Blacklick, OH: Meeks Heit Publishing Company, 1993. 614 pp.
*Contact:* Meeks Heit Publishing Company, P.O. Box 121, Blacklick, OH 43004. Telephone: (800) 682-6882 (614) 253-6648 Fax (614) 253-3380. $45.00 plus 15 percent shipping and handling.

This book was developed for educators and public health professionals develop and implement healthful sexuality curricula for youth. The book is organized into four sections. Section 1, *The Philosophical Aspects of Human Sexuality*, presents the theme for the book—human sexuality

education has as its purpose to protect and promote health and to provide skills needed for loving and responsible relationships. Section 2, *The Health Aspects of Human Sexuality*, provides information regarding male anatomy and physiology, female anatomy and physiology, human sexual response, sexually transmitted diseases, HIV/AIDS, and violent and inappropriate sexual behaviors. Section 3, *The Relationship and Family Aspects of Human Sexuality*, provides information regarding relationships, dating and abstinence; marriage and parenthood; birth control and sterilization; and pregnancy and childbirth. Section 4, *The Educational Aspects of Human Sexuality*, provides information on how to use the content in Sections 1, 2, and 3 to form a meaningful human sexuality program. The appendices provide additional information and handouts to be used by professionals.

Messina, S. A. ***A youth leader's guide to building cultural competence.*** Washington, DC: Advocates for Youth, 1994. 76 pp.
*Contact:* Karen Haines, Advocates for Youth, 1025 Vermont Avenue, N.W., Suite 200, Washington, DC 20005. Telephone: (202) 347-5700 / Fax (202) 347-2263. $12.95 plus 20 percent shipping and handling; prepayment required.

This manual provides people who work with adolescents and young adults help in developing culturally competent sex education programs. It defines cultural competence and includes a model for building cultural competence. The manual considers various cultural components, expands the concept through self-examination, and indicates communication skills that can be used to learn about the backgrounds of the youth participating in the programs. Factors that affect the success of HIV and AIDS education in African-American and Latin communities are considered, and tips for working with these groups are provided. Tips for working with gay, bisexual, and lesbian youth of all racial or ethnic backgrounds are also included.

Middleton, K. ***Teaching ideas for using the sexuality decision-making books for teens.*** Santa Cruz, CA: ETR Associates/Network Publications, 1989. 23 pp.
*Contact:* ETR Associates/Network Publications, P. O. Box 1830, Santa Cruz, CA 95061. Telephone: (800) 321-4407. $2.95, prepaid required, bulk discounts available.

This instructor's manual for the *Sexuality Decision Making Books for Teens Series* (*Too Soon for Sex?*, *Taking Chances with Sex*, and *Don't Let It Get Around*) provides guidelines and ideas for implementing the adolescent sexuality awareness program. Topics include: issues in teaching sensitive subjects; synopses, student handouts, and choice point maps for each book in the series; integration into family life education and health education curricula; activity ideas; and background information about abstinence, adolescent sexual activity, birth control use, and sexually transmitted diseases.

Milner-Fenwick. ***Teen contraception.*** Timonium, MD: Milner-Fenwick, n.d. 1 videotape (13:30 minutes, VHS 1/2 inch). (Video counseling library)
*Contact:* Milner-Fenwick, 2125 Greenspring Drive, Timonium, MD 21093. Telephone: (800) 432-8433 / Fax (410) 252-6316. $250.00. OB-130.

This videotape dispels common myths about contraception and describes a range of contraceptive options available today, including Norplant, Depro-Provera, and abstinence. It discusses the importance of using condoms in conjunction with other contraceptives to prevent sexually transmitted diseases. The information is presented by adolescents in a non-judgmental fashion; it does contain some explicit scenes. The videotape is available in English and Spanish.

Mitchell, M. E. ***Discussion guide on human sexuality.*** Atlanta, GA: Grady Memorial Hospital, 1987. 92 pp.
*Contact:* Marion Howard, Ph.D., Grady Memorial Hospital, P.O. Box 26158--Teen Services, Atlanta, GA 30335-3801. Telephone: (404) 589-4202. $15.00 plus 15 percent shipping and handling; make check payable to Fulton DeKalb Hospital Authority.

This discussion guide was designed to assist in teaching sexuality education to middle and high school level students. The guide contains six units, including: maturation and hygiene, anatomy and physiology, skill building, family planning, becoming a parent, and sexually transmitted infections.

Each unit begins with a list of goal statements which outline the rationale and purpose of the discussion. A list of objectives follows which define specific, measurable accomplishments to be mastered by each student participating in the class. The guide is structured so that each unit can be expanded to cover several teaching periods or condensed and given with other units in a shorter time period. A listing of additional resources including teaching aids, newsletters, periodicals, addresses for producers and distributors of education materials, film distributors, filmstrips, and videocassettes is provided.

Modig, Z. D. (Ed.). ***School sexuality education: Opposition and answers.*** New York, NY: Planned Parenthood Federation of America, [1985]. 15 pp.
*Contact:* Education Department, Planned Parenthood Federation of America, 810 7th Avenue, New York, NY 10019. Telephone: (212) 541-7800. $2.00 including shipping and handling; prepayment required; make check payable to Planned Parenthood; include a self-addressed label.

This bibliography lists materials representing both sides of the issue of sex education in primary and secondary schools. It is divided into three parts. The first part presents materials focusing on anti-sexuality education. The second part lists materials providing supportive arguments and evidence for sex education in schools. The third part lists resources for further reading for both opposing and supporting viewpoints. The resources are books, journal articles, and other printed materials published between 1968 and 1985.

Moore, K. A., Miller, B. C., Sugland, B. W., Morrison, D. R., Glei, D. A., and Blumenthal, C. ***Beginning too soon: Adolescent sexual behavior, pregnancy, and parenthood—Executive summary.*** Washington, DC: Child Trends, 1995. 19 pp.
*Contact:* Child Trends, 4301 Connecticut Avenue, N.W., Suite 100, Washington, DC 20008. Telephone: (202) 362-5580. Available at no charge.

This executive summary presents information on a study which examined recent research on adolescent sexual behavior, contraception, and pregnancy resolution and on pregnancy intervention and prevention programs. It provides an overview of the study and the findings which are presented in two longer publications called "Adolescent Sex, Contraception, and Childbearing: A Review of Recent Research," and "Adolescent Pregnancy Prevention Programs: Interventions and Evaluations."

NARAL Foundation, and NARAL Legal and Policy Development Department. ***Sexuality education in America: A state-by-state review.*** Washington, DC: NARAL Foundation / NARAL, 1995. 139 pp.
*Contact:* NARAL Foundation / NARAL, 1156 15th Street, N.W., Washington, DC 20005. Telephone: (202) 973-3000. Price unknown.

This report analyzes the legal and political status of sexuality education in the United States. For each state it provides the following: brief data on adolescent sexuality, viewpoints of governors and lieutenant governors, sexuality and STD/HIV education requirements, selected legal requirements on several topics (e.g., abstinence, sexual risk reduction, decision-making skills, pregnancy and human development, sexuality and family life, and student exemptions), school-based reproductive health services, description of the legislature, selected legislative activity, and major political party platforms.

NARAL Foundation NARAL Legal Issues Department. ***Who decides? A reproductive rights issues manual.*** Washington, DC: NARAL Foundation NARAL, 1990. 35 pp.
*Contact:* NARAL Foundation NARAL, 1101 14th Street, N.W., 5th Floor, Washington, DC 20005. Telephone: (202) 408-4600. $5.00.

This manual presents the National Abortion Rights Action League's position on the issue of women's rights to abortions. Topics include governmental restrictions on legal abortions, adolescents' access to abortion services, discrimination in public funding, restrictions on the use of public facilities for abortion services, men's attempts to veto women's abortion decisions, anti-choice laws (informed consent), sex education and family planning, pregnant women's rights, and fetal tissue research.

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National Center for Youth with Disabilities. ***Issues in sexuality for adolescents with chronic illnesses and disabilities.*** Minneapolis, MN: National Center for Youth with Disabilities, 1991. 42 pp. (Cydline reviews)
*Contact:* National Center for Youth with Disabilities, University of Minnesota, Box 721 - UMHC, Harvard Street at East River Road, Minneapolis, MN 55455. Telephone: (800) 333-6293 (612) 626-2825. $3.50.

This annotated listing of materials on adolescents with chronic illnesses and disabilities focuses on issues in sexuality. Bibliographic materials include information on psychosocial development, attitudes and knowledge, sex education, sexual abuse, reproduction, sex role and functioning, treatment and counseling, and issues for parents. Training and educational materials include information on mental retardation/developmental disabilities, physical disabilities, hearing impairments, chronic illness, and multiple disability groups. The bibliography is drawn from the computerized data base of the National Center for Youth with Disabilities. [MCH SPRANS]

National Center for Youth with Disabilities. ***Promoting decision-making skills by youth with disabilities: Health, education and vocational choices. (2nd edition).*** Minneapolis, MN: University of Minnesota, National Center for Youth with Disabilities, 1990. 20 (Cydline reviews)
*Contact:* National Center for Youth with Disabilities, University of Minnesota, Box 721 UMHC, Harvard Street at East River Road, Minneapolis, MN 55455. Telephone: (800) 333-6293 (612) 626-2825. $3.50.

This annotated bibliography on recent material on health, education, and vocational skills is for use by professionals working with disabled youth and is drawn from the computerized data base of the National Center for Youth with Disabilities. Health issues include ethics, compliance, competence to consent to treatment, and the role of families and professionals in health decision-making. Psychosocial issues include sexuality, risk-taking, privacy, family relations, moral judgments, and self-esteem. Education and career issues include decision-making with regard to high school, college, and vocational placement. [MCH SPRANS]

National Coalition of Hispanic Health and Human Services Organizations . ***An annotated bibliography on physical and sexual abuse.*** Washington, DC: National Coalition of Hispanic Health and Human Services Organizations, 1986. 96 pp.
*Contact:* National Coalition of Hispanic Health and Human Services Organizations, 1501 Sixteenth Street, N.W., Washington, DC 20036-1401. Telephone: (202) 387-5000 Fax (202) 371-6968. $7.00 for members, $8.00 for nonmembers.

This resource manual from COSSMHO is a bibliography of educational materials, including audiovisuals and cassettes. Document types include books, magazines, reports, studies, booklets, curriculum materials and play scripts. The reader is provided acquisition information for each listing where possible. Topics covered include family violence, child abuse, child sexual abuse, parenting, battered women, social services, legal services and ethnicity patterns. Many of the materials are available in English and Spanish versions. At the back of this publication, a smaller list of materials available directly from COSSMHO is offered.

National Urban League. ***National directory of African American male focused organizations.*** [New York, NY]: National Urban League, n.d. 62 pp.
*Contact:* Youth Services, National Urban League, 500 East 62nd Street, New York, NY 10021. Price unknown.

This directory lists organizations that provide services to young black males, both adolescents and young adults, in such areas as sexuality education, planned parenthood, pregnancy prevention, healthy lifestyles, self esteem, male responsibility, mentoring, education, fatherhood, and rites of passage.

Nelson-Kilger, S., Card, J. J., and Peterson, J. L. ***Just the facts: What science has found out about teenage sexuality and pregnancy in the United States.*** Los Altos, CA: Sociometrics Corporation, 1990. 62 pp.

*Contact:* Sociometrics Corporation, Data Archive on Adolescent Pregnancy and Pregnancy Prevention, 170 State Street, Suite 260, Los Altos, CA 94022. Telephone: (415) 949-3282. $15.00.

This illustrated fact book contains narrative, graphs, and charts to highlight research facts for educators, parents, and older adolescents. The goal of the book is to provide facts useful to sexual, contraceptive, pregnancy, and parenthood decision-making.

Neutens, J. J., Drolet, J. C., Dushaw, M. L., and Jubb, W. (Eds.). ***Sexuality education within comprehensive school health education.*** Kent, OH: American School Health Association, 1991. 117 pp.
*Contact:* Publications Department, American School Health Association, P.O. Box 708, Kent, OH 44240. Telephone: (216) 678-1601. $10.25 members, $11.95 others.

This report assists educators, school administrators, and health care personnel plan and implement a sexuality education program. The report presents human sexuality as an important component of a comprehensive school health program. Section one contains steps for program implementation and evaluation, communication strategies, and handling opposition to sexuality education. Section two focuses on preschool through 12, providing information about student characteristics, general teaching suggestions, concepts, content and example activities, responses to student questions, and resources. The report is intended to serve as a guide that can be adapted by schools and communities.

North Carolina Coalition on Adolescent Pregnancy. ***The North Carolina family life education survey. (1993 ed.).*** Charlotte, NC: North Carolina Coalition on Adolescent Pregnancy, 1993. 17 pp.
*Contact:* Adolescent Pregnancy Prevention Coalition of North Carolina, 1300 Baxter Street, Suite 171, Charlotte, NC 28204. Telephone: (704) 335-1313 / Fax (704) 335-8209. $5.00, 1-5 copies; $4.00, 6-25 copies; $3.00, more than 26 copies; plus 15 per cent for shipping and handling.

This report presents the results of a survey taken in North Carolina to determine how family life education is taught in the state's school districts. The report includes a discussion of other surveys taken to determine the attitudes of the voting public and of the presidents of local parent teacher associations regarding sex education. It then describes the methodology used in this survey which focused on school districts and their teaching of family life education programs. It includes survey results and discussion of the findings on the curricula, the delivery of the materials from kindergarten forward, its inclusion in high schools, the age appropriateness of the subject content, the teaching methods, and the formal structure of the course work. An appendix includes information on the school districts which did or did not respond to the survey.

North Carolina Coalition on Adolescent Pregnancy. ***We the people: North Carolinians support comprehensive sexuality education, adolescent health care centers, adolescent pregnancy prevention.*** Charlotte, NC: North Carolina Coalition on Adolescent Pregnancy, 1993. 28 pp.
*Contact:* North Carolina Coalition on Adolescent Pregnancy, 1300 Baxter Street, Suite 171, Charlotte, NC 28204. Telephone: (704) 335-1313. $10.00 per copy up to 5 copies; 6-25 copies, $8.00 ea.; 26-50 copies, $7.00 ea.; 51 or more copies, $6.00 ea.; add 15 percent shipping and handing.

This report summarizes the findings of a statewide survey of registered voters in North Carolina, asking about their attitudes toward birth control education and counseling in public schools; toward school-based health centers or clinics and what services they should provide; and toward pregnancy prevention programs for adolescents. A summary describes the major findings in narrative form, and the results for each question are presented in a table, broken down by religion, political party, race, age, region, urban vs. rural residence, sex, and parental status.

Ogletree, R. J., Fetro, J. V., Drolet, J.C., Rienzo, B. A., Beyer, C., and Lacursia, N. L. ***Sexuality education curricula: The consumer's guide.*** Santa Cruz, CA: ETR Associates, 1994. 169 pp.
*Contact:* ETR Associates, P.O. Box 1830, Santa Cruz, CA 95061-1830. Telephone: (800) 321-4407. $29.95 plus 15 percent shipping and handling. ISBN 1-56071-354-2.

This publication provides information about 26 school-based sexuality education curricula and is intended to assist administrators, program planners, and teachers as they review published curricula for use in their school districts. The curricula included were published or revised since 1985 and do not focus on a single sexuality issue. Other criteria for curricula selection are described in detail and recommendations for the use of the guide are presented. The curricula are divided into four levels—early elementary school, upper elementary school, middle school and junior high school, and high school—which reflect four stages of development. An additional section describes sexuality education curricula developed for special education students. The appendix contains evaluation matrixes and a worksheet as well as a list of curricula not included in the publication and the reasons for exclusion.

Ohio Department of Health, Bureau of Health Promotion and Education, Audiovisual Library. ***Audiovisual catalog.*** Columbus, OH: Audiovisual Library, Ohio Department of Health, 1993. 85 pp., 1 supplement (20 pp.), 1 instruction sheet (1 p.), 5 two-part forms (1 p. each).
*Contact:* Audiovisual Library, Bureau of Health Promotion and Education, Ohio Department of Health, 246 North High Street, 1st Floor, Columbus, OH 43266-0558. Telephone: (614) 644-7852. Price unknown.

This topical directory lists films and videotapes available to Ohio residents from the state's Audiovisual Library. It includes instructions on ordering the materials and includes policies regulating their use and lists materials on subjects such as: adolescent sexuality, aging, AIDS and sexually transmitted diseases, alcohol and drug abuse, child development, chronic conditions, dental health, emergency medical services, hearing and vision, marriage and family life, maternal and child health, mental health, personal health, safety, and school health. A supplement updates the catalog through April, 1994. An instruction sheet describes how to fill out the film request forms; copies of those forms are provided. For each item listed, the directory indicates the format and length, age groups for which it may be suitable, the date of production, and a description of its content.

Ooms, T., and Herendeen, L. ***Teenage pregnancy prevention programs: What have we learned?.*** Washington, DC: American Association for Marriage and Family Therapy, Research and Education Foundation, 1990. 27 pp.
*Contact:* Family Impact Seminar, American Association for Marriage and Family Therapy, Research and Education Foundation, 1100 Seventeenth Street, N.W., Tenth Floor, Washington, DC 20036. Telephone: (202) 467-5114. $10.00 (shipping and handling included). NMCHC inv.code C061.

This report examines recent research on adolescent pregnancy prevention programs. Topics include: an overview of adolescent pregnancy trends, the lack of good program evaluation, efforts of the Adolescent Family Life Office to improve evaluation, difficulties in conducting program evaluation, and descriptions of prevention programs which provide life options. Life options programs offer a comprehensive solution that combines traditional methods of prevention—sexuality education and contraception—with improvements in education, job-training, and community development.

Pike, R. W. ***Act for health: Using theater to teach tough teen topics.*** Santa Cruz, CA: ETR Associates, 1992. 163 pp.
*Contact:* ETR Associates, P.O. Box 1830, Santa Cruz, CA 95061-1830. Telephone: (800) 321-4407. $14.95.

This manual provides educators with a learning tool to use theater—writing and performance—to promote awareness and discussion of sensitive issues. The key element is young people teaching other young people. The manual is divided into three sections: the script, the performance, and sample scripts. The script outlines steps to create materials that address the problems of AIDS, drug and alcohol abuse, suicide, pregnancy, and sexual and physical abuse. The performance describes

how to present the scripts that have been written to an audience. The sample scripts are provided for use by adolescents and demonstrate what can be achieved by following the program to its conclusion.

Planned Parenthood Federation of America. ***Adolescent sexuality: Special topic bibliography.*** New York, NY: Planned Parenthood Federation of America, 1989-. annual.
*Contact:* Education Department, Planned Parenthood Federation of America, 810 Seventh Avenue, New York, NY 10019. $5.00 including shipping and handling; prepayment required; make check payable to Planned Parenthood; include a self-addressed label.

These special annotated subject bibliographies are based on entries which appeared in the 1990, 1991 and 1993 issues of Current Literature in Family Planning. They serve as tools for providing recent information and are intended for the use of educators and others concerned with and about adolescent issues. Topics include AIDS, child abuse, sexuality, pregnancy, parenting, contraception, ethnic communities, male issues, school-based clinics, substance abuse, and sexual abuse.

Planned Parenthood Federation of America. ***R.E.A.L. life: Resources to promote sexuality education.*** New York, NY: Planned Parenthood Federation of America, 1993. 17 items.
*Contact:* Planned Parenthood Federation of America, 810 Seventh Avenue, New York, NY 10019. Telephone: (212) 541-7800. $10.00 plus shipping and handling.

This resource kit was prepared by Planned Parenthood for educators, parents, administrators, and community members who are concerned with sexuality and family life education. Included in the kit are an introduction to reality-based sexuality education and information on choosing and evaluating sexuality education curricula, advocacy strategies, and opponents of comprehensive sexuality education.

Pollard, B., and Mitchell, M. E. ***Handbook on training teen leaders to present: Postponing sexual involvement—An educational series.*** Atlanta, GA: Emory/Grady Teen Services Program, Grady Memorial Hospital, 1987. ca.100 pp.
*Contact:* Center for Adolescent Reproductive Health at Emory University, Grady Memorial Hospital, P.O. Box 26158, 80 Butler Street, S.E., Atlanta, GA 30335-3801. Telephone: (404) 616-3513. $25.00 plus 15 percent shipping and handling.

This handbook is designed to assist community service professions in training adolescents to conduct the "Postponing Sexual Involvement Educational Series."

Popkin, M. H. ***Active parenting of teens.*** Marietta, GA: Active Parenting Publishers, 1990. 2 videotapes (166 minutes, VHS 1/2 inch), 3 guides (various pagings), 1 booklet (29 pp.), 2 posters (1 p. each), 1 certificate (1 p.), 1 poem (1 p.), 1 order form (2 pp.).
*Contact:* Active Parenting Publishers, 810 Franklin Court, Suite B, Marietta, GA 30067-8943. Telephone: (800) 825-0060 / (404) 429-0565 / Fax (404) 429-0334. $295.00 plus 8 percent of subtotal for shipping and handling; individual parts also available separately, call for prices. Catalog no. J1070.

This information package consists of materials for presenting workshops about parenting adolescents. It contains videotapes that contain vignettes that are the basis for six two hour presentations and discussion sessions with parents. There are three guides: a leader's guide, a parent's guide, and a promotional guide. The package also contains posters; brochures; a booklet discussing tobacco, alcohol, and other drugs; a parent's certificate, and other supporting materials. Some of the topics covered are teen sexuality, styles of parenting, instilling courage and self-esteem, developing communication skills, teaching values, discipline, and preventing the use of alcohol and other drugs.

Population Reference Bureau, and Center for Population Options, International Center on Adolescent Fertility. ***The world's youth 1994: A special focus on reproductive health.*** Washington, DC: Population Reference Bureau, and Center for Population Options, International Center on Adolescent Fertility, 1994. 1 poster (2 sides).

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*Contact:* Center for Population Options, 1025 Vermont Avenue, N.W., Suite 200, Washington, DC 20005. Telephone: (202) 347-5700. Price unknown.

This poster provides two types of information pertaining to adolescents and youths around the world. One side provides background information on the reproductive health of youths including sexual activity, family planning, adolescent sexuality and pregnancy, and the development of programs and policies for youth. The other side presents data for countries with populations over 500,000. When available, statistics are given for these topics: populations between ages 10 to 24, mortality rates prior to age 15, educational levels, age at first marriage, fertility rates, births attended by medical professionals, low birthweights, and the legality of abortion. These data are also provided for the populations between ages 15 and 19.

Rodale Press. ***Straight talk: A magazine for teens.*** Emmaus, PA: Rodale Press, 1991. 4 issues.
*Contact:* Straight Talk Magazine, The Learning Partnership, P.O. Box 199, Pleasantville, NY 10570-0199. Telephone: (914) 769-0055 Fax (914) 769-5676. $2.95 per issue plus 8 percent for shipping and handling (minimum charge $2.50). $11.80 per subscription; reductions for multiple copies over 14.

This contemporary quarterly magazine was developed to provide information to adolescents on critical health and behavioral issues. The magazine helps the reader examine choices and their consequences, cultivates critical decision-making skills, and focuses on healthy alternatives. Topics for 1991–1992 issues include HIV/AIDS and other sexually transmitted diseases, self-esteem, substance abuse, and adolescent relationships and choices. The magazine was developed in cooperation with the National Education Association's Health Information Network for use in adolescent education.

Santelli, J. S., and Kirby, D. ***Adolescent sexuality: Pregnancy, sexually transmitted diseases, and prevention.*** Kent, OH: American School Health Association, 1991. 37 pp. (Journal of School Health. 62(7); 261-357. September 1992 Special Issue)
*Contact:* Publications Department, American School Health Association, P.O. Box 708, Kent, OH 44240. Telephone: (216) 678-1601 Fax (216) 678-4526 . $7.50 members, $9.50 nonmembers.

This special issue of the *Journal of School Health* provides information for health professionals, educators, and parents on how to communicate effectively with young people about sexuality. Topics of the articles include an assessment of the extent and nature of adolescent pregnancy and disease risks, research-based insights into critical risk factors, opportunities for intervention, and promising communication and service strategies from existing prevention programs.

Savage, M. H. ***Adolescent health issues: State actions, 1992-1994.*** Denver, CO: National Conference of State Legislatures, 1995. 76 pp.
*Contact:* Book Order Department, National Conference of State Legislatures, 1560 Broadway, Suite 700, Denver, CO 80202-5140. Telephone: (303) 830-2200 / Fax (303) 863-8003. $10.00 plus $4.00 shipping and handling. ISBN 1-55516-610-5; item no. 6132.

This report presents summaries of laws and resolutions passed by the 50 states, the District of Columbia, and Puerto Rico for the years 1992 to 1994. It includes a topical presentation of the state actions and provides a state-by-state summary; it also includes a resource list of national organizations to contact for more information and a directory of state adolescent health coordinators. The topics covered are abstinence and sexuality education, miscellaneous topics, community health services, contraception and family planning, HIV and AIDS, insurance, Medicaid, mental health, pregnancy and parenting, school health and school-based health services, sexually transmitted diseases, substance abuse, and tobacco. Other topics pertaining to adolescent health are included in two related publications: "Maternal and Child Health Legislation, 1994," and "1994 Legislative Summary: Children, Youth and Family Issues."

Scales, P. ***The Front Lines of Sexuality Education.*** Santa Cruz, CA: Network Publications, 1984. 87 pp.

This guide was prepared for educators, administrators, and others interested in developing community support for sexuality education. The guide is based on a study of the sexuality education politics of 23 U.S. communities conducted by the U.S. Centers for Disease Control. The guide contains three sections: Part I describes the study and its results; Part II presents guidelines and suggestions for successful approaches; and Part III contains training exercises that teach how to manage controversy and build community support. Appendices include a summary of the major national opinion polls on sexuality education, results from a study of sexuality educators about barriers to sexuality education, and a sample statement of values useful in defining programs and public relations.

Schott, D. M., Peterson, J. L., and Card, J. J. ***Sourcebook of comparison data for evaluating adolescent pregnancy and parenting programs.*** Los Altos, CA: Sociometrics Corporation, 1993. 120 pp.
*Contact:* Sociometrics Corporation, 170 State Street, Suite 260, Los Altos, CA 94022-2812. Telephone: (415) 949-3282. $15.00 (includes shipping and handling).

This sourcebook summarizes statistics derived from six national surveys that collected data on adolescent pregnancy and parenting. It is designed to help plan and perform program evaluations using the data contained here in comparison studies. Such studies are useful in evaluating current prevention and intervention programs and in designing future ones. The sourcebook contains 36 tables to be used for evaluating primary prevention programs and 44 tables on care programs. Detailed instructions are provided for using the data to construct program evaluations.

Search Institute. ***Resources.*** Minneapolis, MN: Search Institute, 1989-. semiannual.
*Contact:* Search Institute, Thresher Square West, 700 South Third Street, Suite 210, Minneapolis, MN 55415. Telephone: (612) 376-8955 / (800) 888-7828 / Fax (612) 376-8956. Available at no charge.

This catalog lists materials and services from the Search Institute on the subjects of youth and family, sexuality education, drug use and attitudes, consulting services, survey services, and specialty publications. The Institute is a non-profit research organization whose mission is to increase the effectiveness of human service professionals and social institutions in promoting the welfare of adolescents and adults. In the past the catalog has also been called "Catalog of Products and Services," "Resource Catalog," and "Resources for Leaders."

Sears, J. T. (Ed.). ***Sexuality and the curriculum: The politics and practices of sexuality education.*** New York, NY: Teachers College Press, 1992. 366 pp.
*Contact:* Teachers College Press, P.O. Box 2032, Colchester, VT 05449. Telephone: (800) 445-6638 (802) 878-0315 Fax (802) 878-1102. $21.95 paperback, $44.00 cloth; plus $2.50 shipping and handling.

This book contains 15 interrelated essays which explore sexuality education from preschool through college. Conventional assumptions regarding sexuality and the curriculum are challenged while specific curricular strategies and alternatives are proposed. Each essay addresses one topic and contains analytical, theoretical, historical, empirical, and ethnographic supporting evidence and suggestions for strategies to address this particular topic. The book is divided into four parts: (1) *Foundations for Sexuality Inquiry*, (2) *Gender and Sexuality*, (3) *Making Meaning of Sexuality in the Schools*, and (4) *Problematics of Change*. Annotations of organizations, networks, institutional resources, and materials are provided.

Sedway, M. ***Far right takes aim at sexuality education.*** SIECUS Report. 20(3): 13-19. February/March 1992.
*Contact:* Sex Information and Education Council of the United States, 130 West 42nd Street, Suite 350, New York, NY 10036-7901. Telephone: (212) 819-9770 / Fax (212) 819-9776. Reprints $2.00 each includes handling; make check payable to SIECUS.

This article discusses recent trends in efforts to censor adolescent sexuality education in schools. It asserts that many of these efforts are the work of conservative national level organizations operating

through members at the local level. It reports on challenges to both the texts and the programs; two case studies are included along with sample incidents from around the country which demonstrate the objective and tactics that are being used. The article considers the abstinence-only curricula which the groups promote as an alternative. The article is based on an annual survey of attempted censorship in public schools prepared by the People for the American Way.

Sex Information and Education Council of the U.S. ***Community action kit to support comprehensive sexuality education.*** New York, NY: Sex Information and Education Council of the U.S., [1993]. 1 kit

*Contact:* SEICUS, 130 West 42nd Street, Suite 2500, New York, NY 10036. Telephone: (212) 819--9770. $29.95 including shipping and handling; payable to SIECUS.

This kit on comprehensive sexuality education is divided into four sections: using the kit; background information, including in-depth information on community organizing, criteria for evaluating sexuality education curricula, a sexuality education materials resource list, the *December 1992/January 1993 SIECUS Report*, the booklet *Guidelines for Comprehensive Sexuality Education: K-12*, and the booklet *Winning the Battle: Developing Support for Sexuality and HIV/AIDS Education*; information for distribution (uncopyrighted materials which can be duplicated without permission), including a list of organizations which support comprehensive sexuality education, characteristics of fear-based curricula, and ways to show support for comprehensive sexuality education; and additional materials, including reviews of the most widely used fear-based curricula and an evaluation sheet for the kit.

Sex Information and Education Council of the U.S., National Guidelines Task Force. ***Guidelines for comprehensive sexuality education.*** New York, NY: Sex Information and Education Council of the U.S., 1991. 52 pp.
*Contact:* Sex Information and Education Council of the U.S., 130 West 42nd Street, Suite 2500, New York, NY 10036. Telephone: (212) 819-9770. $5.00 plus 15 percent shipping and handling.

This booklet provides the first national framework for comprehensive kindergarten—12th grade sexuality education. The booklet contains guidelines and key concepts recommended by the National Guidelines Task Force for inclusion in education programs—human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. Each key concept is further divided into components and accompanied by developmentally appropriate information. An appendix highlights state mandates on sexuality and HIV/AIDS education. The guidelines provide a framework for curriculum development at the local level, for policymakers and local school boards to evaluate existing or proposed programs, and for teacher in-service education.

Shortridge, J. L. ***Growing up: A SIECUS annotated bibliography of books about sexuality for children and adolescents.*** New York, NY: Sex Information and Education Council of the United States, 1991. 3 pp. (SIECUS annotated bibliography)
*Contact:* Sex Information and Education Council of the United States, 130 West 42nd Street, Suite 2500, New York, NY 10036-7901. Telephone: (212) 819-9770 / Fax (212) 819-9776. 1-4 copies/$2.50 each; 5-49 copies/$2.00 each; 50+ copies/$1.50 each; plus 15 percent shipping and handling; make check payable to SIECUS.

This bibliography lists books for children and adolescents on issues relating to sexuality. Topics include sex education, reproduction, relationships, gay and lesbian youth, menstruation, youth with disabilities, puberty, love, and HIV/AIDS education. Items listed were published between 1973 and 1990.

Simons, J. M., Finlay, B., and Yang, A. ***Adolescent and young adult fact book.*** Washington, DC: Children's Defense Fund, 1991. 150 pp. (Adolescent Pregnancy Prevention Clearinghouse report)
*Contact:* Children's Defense Fund, 25 E Street, N.W., Washington, DC 20001. Telephone: (202) 628-8787 Fax 202-662-3510. $13.95 (shipping and handling included).

This book contains data on the status of U.S. adolescents and young adults and includes information on such topics as health status, substance abuse, crime and victimization, education, employment,



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sexual activity, pregnancy, and family formation. Also included are action recommendations for national and state governments, suggestions for broad community-wide approaches, and highlights of successful programs and services.

Singh, S., and Wulf, D. ***Today's adolescents, tomorrow's parents: A portrait of the Americas.*** New York, NY: Alan Guttmacher Institute, 1990. 96 pp.
*Contact:* Alan Guttmacher Institute, 111 Fifth Avenue, New York, NY 10003. $20.00 plus 10 percent shipping and handling.

This report summarizes major findings from three earlier studies of adolescent childbearing in Brazil, Columbia, and Peru and extends the analysis to six other countries in the region that also participated in the demographic and health surveys and whose data were available at the time—the Dominican Republic, Ecuador, El Salvador, Guatemala, Mexico, and Trinidad and Tobago. It presents relevant data from the United States and Canada. The present study examines the timing of family formation in all nine Latin American and Caribbean countries, the United States, and Canada to investigate how these countries achieved their level of adolescent childbearing. Information is presented on education, employment, marriage, sexual activity, contraceptive knowledge and use, and consequences of adolescent childbearing.

Sorohan, E. G. ***Are abstinence-only programs effective?.*** Wisconsin School News. March 1992. 3 pp.
*Contact:* Planned Parenthood Federation of America, 810 Seventh Avenue, New York, NY 10019. $1.00 including shipping and handling; make check payable to KDM Library.

The article discusses the effectiveness of abstinence-only sex education programs and suggests a need for comprehensive, accurate information about human sexuality.

South Carolina Department of Health and Environmental Control and South Carolina ETV. ***Bay city kids.*** Chicago, IL: Films Incorporated Video, 1989. 3 v.
*Contact:* Films Incorporated Video, 5547 N. Ravenswood Ave., Chicago, IL 60640. Telephone: (800) 323-4222, ext. 43. $199.00 plus $6.00 shipping and handling.

This three-volume reproductive health education curriculum for adolescents includes a 120-minute 1/2 inch VHS videotape series, a teacher's guide, student's guide, and parents' guide. This soap opera-based curriculum created for the classroom is divided into nine episodes, with 32 short scenarios that are intended to trigger discussion. Four behavior indicators are addressed: respect, responsibility, restraint, and risk knowledge in each of nine units: talking to parents, puberty and pressure, adolescent pregnancy and parenthood, sexually transmitted diseases, sexual assault, birth control, personal health and hygiene, fetal development and childbirth, and life planning.

Sunburst Communications. ***Real people: Teens who choose abstinence.*** Pleasantville, NY: Sunburst Communications, 1994. 1 videotape (23 minutes, VHS 1/2 inch), 1 teacher guide (38 pp.).
*Contact:* Sunburst Communications, 101 Castleton Street, P.O. Box 40, Pleasantville, NY 10570-9971. Telephone: (800) 431-1934 / Fax (914) 747-4109. $169.95 plus 10 percent shipping and handling. ISBN 0-7805-4123-5.

This videotape features personal narratives of adolescents who have decided to abstain from sexual intercourse and who have incorporated this decision into their lifestyle. The adolescents discuss various reasons for abstaining and portrays what peer pressure to have sex is really like and how those who have given in to pressure feel later. Peer pressure resistance skills are also demonstrated. An accompanying teaching guide summarizes the objectives of the program and the videotape, lists topics for discussion, and suggests learning activities. Both cover issues such as the role that the media plays in promoting sexuality, peer pressure, and the effect that the use of alcohol and drugs have on adolescents who choose not to have sex. The guide also lists resource organizations, provides a bibliography, and includes several scripts for role playing.

U.S. Department of Health and Human Services, Public Health Service, Centers for Disease Control and Prevention. ***1991 Youth Risk Behavior Surveillance System (YRBSS).*** [Atlanta, GA]: Centers for Disease Control and Prevention, ca. 1992. ca. 120 pp.
*Contact:* Centers for Disease Control and Prevention, U.S. Department of Health and Human Services, Atlanta, GA 30333. Telephone: (404) 332-4555. Price unknown.

This collection of full-page charts and graphs presents epidemiological statistics on adolescent risk behavior, collected by the Centers for Disease Control (CDC) through its Youth Risk Behavior Surveillance System (YRBSS). The behavior for which statistics were gathered includes: participation in physical education; attempted suicide; tobacco, alcohol, marijuana, and cocaine use; carrying weapons; body-weight perceptions and weight management goals and practices; sexual behavior; vigorous physical activity; physical fighting; safety belt and helmet use; and behavior that increases risk for HIV infection. All of these data are for high school students in the U.S. in 1991.

Virginia Department of Education, Division of Special Education Programs. ***Family life education: Effective instruction for students in special education = Family life education: Special education.*** Richmond, VA: Division of Special Education Programs, Virginia Department of Education, 1991. 140 pp.
*Contact:* Division of Special Education Programs, Virginia Department of Education, P.O. Box 6Q, Richmond, VA 23216-2060. Telephone: (804) 225-2880. Price unknown.

This manual presents guidelines for school personnel to use in designing family life education programs for special education students in Virginia. For each type of student, severely and profoundly cognitively handicapped, trainable mentally retarded, or mildly handicapped, curriculum goals are defined for the ten content areas prescribed by state regulation. These include family and social relationships; sexuality, growth and development, and health care; and personal skills such as assertiveness, self-esteem, or decision making. The publication also includes information and suggestions for students who are mainstreamed for family life education, and a list of resources, particularly publishers of material suitable for use with special education students.

Wattleton, F. and Keiffer, E. ***How to talk with your child about sexuality.*** New York, NY: Doubleday, 1986. 203 pp.
*Contact:* Planned Parenthood Federation of America, 810 Seventh Avenue, New York, NY 10019. $5.95 each plus $1.00 for handling; make check payable to Planned Parenthood Federation of America. ISBN 0-385-18444-1.

This book was prepared by members of the Planned Parenthood Federation of America to help parents teach their children about sex and sexuality. It is designed to help parents with children from preschool through high school. It reviews ways to talk about sex and sexuality, offers suggestions for how to start the teaching process, and provides steps that reinforce the child's self esteem. It covers the basic facts that children want to know about; and it provides help for special situations such as protecting children from sexual abuse, sex and the single parent, and sex and latchkey children. Appendices include a glossary, facts about methods of contraception and sexually transmitted diseases (STDs), and a bibliography of materials for parents and children.

Williams, D. L. (Ed.). ***Human sexuality: Values and choices—A guide for parents of young adolescents. (Rev. ed.).*** Minneapolis, MN: Search Institute, 1991, 1993r. 64 pp.
*Contact:* Search Institute, Thresher Square West, 700 South Third Street, Suite 210, Minneapolis, MN 55415. Telephone: (612) 376-8955 / (800) 888-7828 / Fax (612) 376-8956. $3.50, shipping and handling costs vary by size of order; prepayment required.

This book was developed for parents whose children are participating in the "Human Sexuality: Values and Choices" curriculum. Among other topics, the book reviews issues such as developing self respect, values, puberty, sexism and stereotypes, dating, abstinence, pregnancy, and sexually transmitted diseases; each chapter includes summaries on what adolescents typically think and indicates ways that parents can communicate with their children about sex. Appendices include charts summarizing the sexual characteristics of females and males and information on sexually transmitted diseases.

Williams, D. L. (Ed.). ***Yes you can!: A guide for sexuality education that affirms abstinence among young adolescents.*** Minneapolis, MN: Search Institute, 1987. 182 pp.
*Contact:* Search Institute, Thresher Square West, 700 South Third Street, Suite 210, Minneapolis, MN 55415. Telephone: (612) 376-8955 / (800) 888-7828 / Fax (612) 376-8956. $8.95, shipping and handling costs vary by size of order; prepayment required.

This manual was developed to accompany the "Human Sexuality: Values and Choices" curriculum. It describes how that curriculum was developed, summarizes problems associated with adolescent sexuality, indicates how to involve parents in the process of communicating about sexuality with their children, and provides suggestions for teachers that are using the curriculum. It offers an overview of the sessions of the curriculum which promote abstinence, provides sample parent consent forms, and considers the effect of using the curriculum on adolescents' behavior.

Wilson, P. M. ***When sex is the subject: Attitudes and answers for young children.*** Santa Cruz, CA: ETR Associates/Network Publications, 1991. 101 pp.
*Contact:* ETR Associates/Network Publications, P.O. Box 1830, Santa Cruz, CA 95061-1830. Telephone: (800) 321-4407 Fax (408) 438-4284. $14.95 plus 15 percent shipping and handling.

This book assists parents and teachers to communicate with school age children about sexuality. The book addresses sex education needs of children under the age of 10 years. Background information is given on children's cognitive and sexual development. Concrete guidelines as well as suggestions for specific questions are presented for parents and teachers. Appendices contain information on additional resources.

Wodarski, J.S., and Wodarski, L.A. ***Curriculums and practical aspects of implementation: Preventive health services for adolescents.*** Lanham, MD: University Press of America, 1993. 442 pp.
*Contact:* University Press of America, 4720 Boston Way, Lanham, MD 20706. Telephone: (800) 462-6420 (301) 459 3366. $58.50 plus $3.00 shipping and handling; prepayment required. Make checks payable to University Press of America.

This book provides curricula plans and implementation guidelines for several preventive health services for adolescents. The curricula provided are for sexuality education; psychoactive substance use education by the Teams-Games-Tournament method; anger control by the same method; coping with depression and suicide; nutrition education; employment preparation for adolescents with developmental disabilities; and family intervention.

YouthCare. ***What's on your mind?.*** Seattle, WA: YouthCare, [1995?]. ca. 50 pp.
*Contact:* Angelique von Halle, YouthCare, 1020 Virginia Avenue, Seattle, WA 98101. Telephone: (206) 622-5555 / Fax (206) 282-6463. Price unknown.

This curriculum is designed to provide comprehensive sexuality education to adolescents between the ages of 14 and 19 who are street involved and incarcerated: those on the streets, in shelter programs, in residency programs, or in the juvenile detention system. It includes work sheets, discussion points, and role plays. It covers these topics: the body, HIV, AIDS, sexually transmitted diseases, drug use, condoms, discrimination, stereotypes, sexuality, dating, sex roles, decision-making, and survival on the streets.